



Punta Gorda Craft Festival This Weekend

The 21st annual Punta Gorda Craft Festival will be held at 331 Sullivan Street in Punta Gorda on Saturday, September 15 and Sunday, September 16 from 10 a.m. to 4 p.m. Admission is free, open to the public and pet friendly for leashed animals.

Presented by American Craft Endeavors, unique and handcrafted arts and crafts will be showcased by more than 150 Florida-based and national craft artists during the weekend. The popular, outdoor craft festival offers a chance for residents and visitors to peruse and shop for practical and whimsical works of quality, handmade art while enjoying the Florida weather. Each artisan is on site during the entire festival, allowing patrons to meet and discover the techniques and inspirations behind each piece.

The festival will include a juried outdoor craft showcase; original crafts that are handmade in America; unique



Palm Bay jewelry artisan Vickie Burns hand-shapes precious stones and wires to create original wearable art photos provided

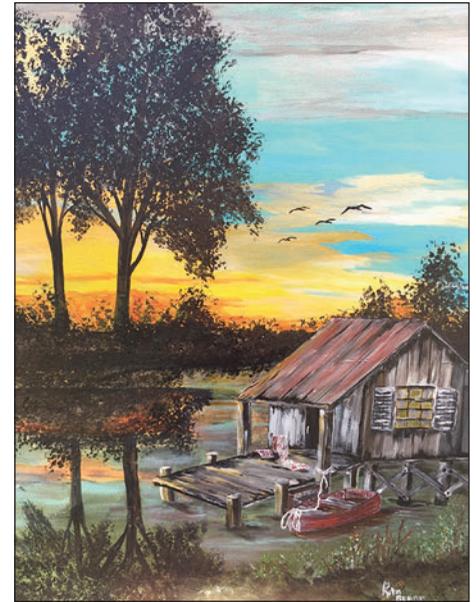
and affordable gift items; prices set to suit all budgets – ranging from as little as \$15 to \$3,000; crafters hand-selected from hundreds of applicants; a vast array of artistic media, including folk art, pottery, personalized gifts, handmade clothing, basket weaving, beaded utensils, candles, cork assemblage,



Shelly Sapp from Georgia brings her organic, hand-made essential oil-based soaps to the festival

fabric design, fiber quilts, fused wax and glass, hair accessories, handbags and accessories, handmade cards, leather, mosaic, wood, painted wood, plaster craft, stained glass; and a Green Market with exotic live plants, handmade soaps, savory dips and gourmet sauces.

A portion of the proceeds will



St. Augustine painter Rita Beard brings her love of historic Florida to life through acrylic paintings

benefit the Punta Gorda Chamber of Commerce.

For more information, visit www.artfestival.com or call 561-746-6615. ✨



Johnny Jensen performing at last year's Sanibel Blues & Jazz Festival photo by Jeff Lysiak

Jensen Advances To International Blues Challenge

by Jeff Lysiak

Performing on stage since age 5, musical prodigy Johnny Jensen has played his guitar alongside such prestigious acts as Elvin Bishop, Matt Schofield, Bryan Lee and local

favorites The Marty Stokes Band and The Troublestarters. But early next year, the Captiva native will grace the stage at one of the world's most acclaimed blues festivals in Memphis, Tennessee.

On August 26, Jensen was selected as the Youth Solo Showcase winner of the International Blues Challenge 2018 Regional Competition, held at the Rhythm House Dinner Club in Fort Myers. That earned him the opportunity to represent Southwest Florida at the illustrious international blues showcase.



Receiving the People's Choice Award at last month's International Blues Challenge Regional Competition, from left, Jennifer Mazziotti, Dave Murphy, Daryl Best and Marty Stokes of The Marty Stokes Band

photo by Mike Danley

"I really enjoyed it," said Jensen, 14, who noted he performed seven songs in 20 minutes before a panel of judges from the Southwest Florida Blues Society at the regional competition. "I performed there last year, but I only had a week to prepare for it. This year, I was definitely better prepared."

Jensen performed five original songs, along with two covers (Matt Schofield's *Livewire* and Eric Clapton's *Further On Up The Road*) at last month's blues showcase. The Marty Stokes Band – comprised of guitarist/vocalist

Marty Stokes, bass guitarist Daryl Best, saxophone player Jennifer Mazziotti and drummer Dave Murphy – also performed there, winning the People's Choice Award.

"This was the fourth time we've won the People's Choice Award (at the regional competition), and in 2016, we won the International Blues Challenge in Memphis," said Stokes. "We really enjoy the experience every time we do it."

According to Stokes, he is getting ready for this year's 3rd annual Sanibel continued on page 22

Historic Downtown Fort Myers, Then And Now:

Dr. Hunter At Home



by Gerri Reaves, PhD

Within three years after they moved from Georgia to Fort Myers in 1905, Dr. Arthur P. “AP” and Ellen Timmons Hunter acquired a sizeable multi-lot property in the relatively new subdivision of Gardner’s Park.

They subsequently built the comfortable two-story house pictured in the undated photo.

Located on Second Street between Fowler and Hough, it had a wide porch wrapping two sides of the house and decorative woodwork and brick pillars.

The physician’s pharmacist brother, Dr. Nathaniel H. “NH” Hunter, also moved to town. He opened the Hunter’s Drug

Store in the Bradford Building in 1905 soon after it was built.

The store became one of downtown’s longest lived businesses, operating for over four decades.

AP remained associated with that family business. Years later, the brothers’ nephew, druggist Charles Hunter Brown, would also work at the drug store.

Dr. AP Hunter carried on a busy medical practice, maintaining a downtown office and serving on the staff of Lee Memorial Hospital after it was founded in 1916. He was a general practitioner but later specialized in pediatrics.

In 1916, he moved his office from the Bradford Hotel annex (at today’s entrance to the Arcade Theatre) across the street to the Bank of Fort Myers building, where it remained for many years.

Besides his demanding work as a physician, he performed numerous civic duties, perhaps chief among them serving on the Lee Board of Public Instruction (aka school board) for 17 years.

He championed building schools such as the Gwynne Institute and was a strong advocate for the Parent Teacher Association (PTA).

As the chairman of the board of trustees of the Fort Myers special tax school



Dr. Arthur P. and Ellen Timmons Hunter lived in this house on the southeast corner of Second and Fowler
photo courtesy SWFL Historical Society



These two commercial buildings, now called Palm City Executive Center, were built on the former Hunter property in 1974
photo by Gerri Reaves

district, he spoke in favor of forward-looking proposals such as hiring “expression and music teachers.”

In 1917, the year the U.S. entered World War I, he was unanimously elected chairman of the local Red Cross chapter.

A champion for public health, AP wrote the town’s first sanitary ordinances and called attention to the “adulterated” milk supply being sold in Fort Myers.

He was a charter member of Elks Lodge #1288 (BPOE), formed in October 1912 with only 29 members.

Locally, he was known as the inventor of the salve Ted Arin, a ground-itch treatment.

Ellen Hunter died in 1931 and Dr. Hunter in 1945.

Today, Palm City Executive Center, a pair of two-story commercial buildings, stands on their former home site.

Walk down to Second and Fowler and imagine the quiet residential neighborhood of more than a century ago.

Then visit these two research centers to learn more about the contributions of medical doctors in early Fort Myers.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer, nonprofit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For more information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

Sources: Archives of the Southwest Florida Historical Society; *the Fort Myers Press*; and *Lee County, a Pictorial History* by Prudy Taylor Board and Patricia Pope Bartlett.*

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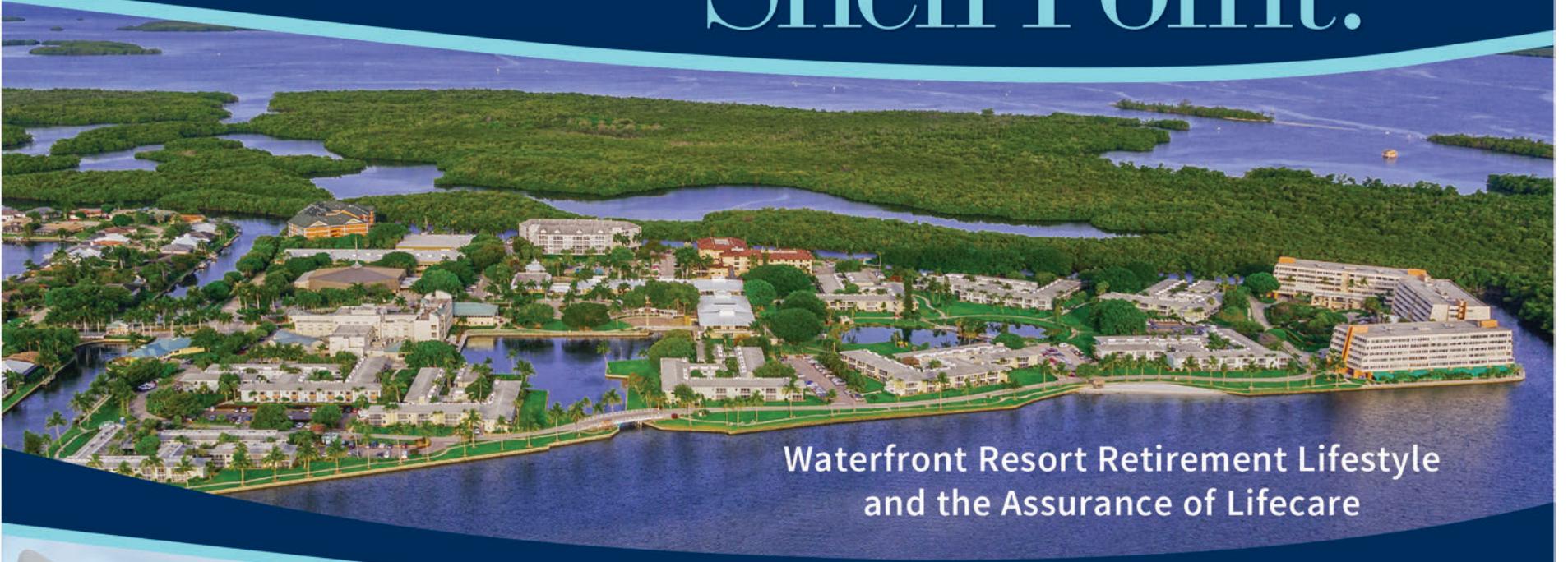
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Cast and crew of *Willy Wonka Jr.* at the Herb Strauss Theater

photo provided

Pure Imagination Coming To Herb Strauss Theater

Creative Theater Workshop, a nonprofit children's theater based on Sanibel, held its first rehearsals for the upcoming production of *Willy Wonka Jr.*, coming to the Herb Strauss Theater in October.

"We have 50 kids representing over

23 Lee County schools," said Michelle Hamstra, artistic director for Creative Theater Workshop. "We would love to see this beautiful theater continue to serve the community for years to come."

Willy Wonka Jr. opens on Friday, October 19 at 7 p.m. and will run for two weekends. Tickets range from \$10 to \$20 and may be purchased online at www.ctwththeater.com/ticket-sales.

"We have many island kids and a good representation of Sanibel School kids in the production," added Hamstra. ✨

Theater To Hold Child Auditions

Broadway Palm is holding open children's auditions for their upcoming production of *ELF the Musical* on Saturday, September 15 at 11 a.m. Auditions are on a first-come, first-served basis. A sign-up sheet will be available at 10:30 a.m. No appointments will be taken.

ELF the Musical plays November 22 to December 25.

Officials will be casting the role of a young male actor to play Michael Hobbs, the 12-year-old son of Walter and Emily. Applicant must be a strong singer and actor with a vocal range in Top D5/Bottom G3.

Anyone interested in auditioning should bring a current headshot/picture and resume. Those auditioning need to be prepared to sing 16 bars that best show off their vocal range. Bring sheet music in the proper key, an accompanist will be provided (no recorded music is accepted.) Songs should be in the musical theatre genre.

Broadway Palm is a professional theatre. Productions require a two week rehearsal process. Performances are Tuesday through Sunday evenings with selected matinees on Tuesday, Wednesday, Thursday, Friday, Saturday or Sunday. Broadway Palm officials will do their best to work around school hours during the rehearsal process with the exception of tech days from November 19 through 21. The role

will be double cast, and children will alternate performances. Anyone interested must be available for the rehearsal process and all alternated, assigned performances.

Broadway Palm is located at 1380 Colonial Boulevard in Fort Myers. For more information or performance schedules, visit www.broadwaypalm.com or call 278-4422. ✨

Networking Event Returns Thursday

Calling all SWFL creatives! Gulf Coast Leisure's Art and Poetry Networking Event (APNE) returns with another season of monthly showcases at Sidney & Berne Davis Art Center (SBDAC) on Thursday, September 20 at 8 p.m.

A different showcase of artists, musicians, writers and more from all over Southwest Florida will wow audiences.

Gulf Coast Leisure (GCL) is an arts and entertainment company serving Southwest Florida locals and visitors alike. GCL features vibrant, creative expressions of art from individuals representing all walks of life. Cost is \$10 to attend.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, tickets and artist registration, visit www.gclmovement.com. ✨

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Fort Myers Art:

Next CHANGE Class Begins September 22



by Tom Hall

The Alliance for the Arts is offering its next acting class for adult minorities. The class runs Saturdays, September 22 through November 10 from 12:30 to 3 p.m. at 10091 McGregor Boulevard in Fort Myers. The cost is \$25.

The CHANGE Program (Communities Harnessing the Arts to Nurture and Grow Equity)

engages aspiring minority actors in theater education and provides performance opportunities and a platform to convene dialogue on social issues that challenge our community through creative, artistic expression. Through the course, students explore the fundamentals of acting, character development and scene work. The project is supported by the Southwest Florida Community Foundation.

Derek Lively and Sonya McCarter will serve as instructors for this class.

Lively has appeared in productions ranging from Shakespeare to Eugene O'Neill and has worked in regional theaters and Off-Broadway, including The Public Theater and LaMama ETC. His solo show, *Welcome To My Soul*, which he wrote and performed, led to a first-look development deal with NBC Universal. He is a proud member of Actors' Equity Association and SAG-AFTRA.

McCarter is the community engagement coordinator at the Alliance for the Arts. She is a talented director and actress as well. Her heart's passion is to help facilitate engaging, compelling and meaningful theater in Fort Myers that features strong African-American characters and stories. Sonya has appeared in television (*Burn*



CHANGE class actors performing in *The Colored Museum*
photo courtesy www.artswfl.com

Notice), film (*The Florida Project*) and theatre. Her directing credits include: *The Bluest Eye*, *Ma Rainey's Black Bottom*, *Seven Guitars* and *A Raisin in the Sun*. She holds two master's degrees in oral interpretation of Sspeech and theatre arts.

Pre-registration for the class is required and can be completed online at www.artinlee.org/education or by calling 939-2787.

The Alliance's inaugural nine-week CHANGE class ended on August 5 with a production of George C.

Wolfe's *The Colored Museum*. The 11 aspiring actors who graduated that class and performed in *The Colored Museum* are Quinten Tyvon, Rolf Julmisse, Veronica Barber, Mattie Johnson, Tiffany Campbell, Sandra Dixon and Rose Thomas, Welton Adams, Cantrella Canady, Katherine Oni and Imani Williams.

Cultural Park Theatre's 2018-19 Season Opens

Cultural Park Theatre in Cape Coral opened its 2018-19 season on September 7 with *The Wizard of Oz*. The musical will continue to play this weekend on Friday, September 14 and Saturday, September 15 at 8 p.m. and Saturday and Sunday, September 16 at 3 p.m. Tickets are available at the box office or by calling 772-5862.

You know the iconic story. Dorothy Gale is swept away from her Kansas farm by a twister that drops her in the magical land of Oz, where she and her dog Toto encounter whimsical characters including good witches, bad witches, talking animals, walking scarecrows and more. To find her way home, she must follow the Yellow Brick Road to see the mysterious and all-powerful Wizard in Emerald City. Along her journey, she makes new friends and one serious enemy, the Wicked Witch of the West, who will stop at nothing to get her hands on Dorothy's magical ruby slippers. To make it home safely, Dorothy must learn an important lesson: there's no place like home.

Following *The Wizard of Oz*, performances are *Wedding in Tuscany*, October 7 to 9 and 12 to 14; *Don't Drink The Water*, October 26 to 28 and November 2 to 4; Cultural Park Theatre's *Spectacular Christmas Revue*, December 12 to 16; *Jesus Christ Superstar*, January 11 to 20, 2019; *The Butler Did It*, February 1 to 10, 2019; *Chicago*, March 1 to 10, 2019; *Ripcord*, March 22 to 31, 2019; *Broken Hearts*, April 5 to 14, 2019; and *Lend Me a Tenor*, April 26 to May 5, 2019.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✧

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Actor From Hit Comedy To Attend Fundraiser

Actor Erik Stolhanske, best known for playing Rabbit in the hit comedy film *Super Troopers*, will be in attendance at the 5th annual Law & Order Ball, which will take place at Germain Arena this Saturday, September 15 at 6 p.m.

Recognizing local law enforcement who go above and beyond, Stolhanske was a perfect fit for the Law & Order Ball. Stolhanske was born without a fibula, resulting in the need for a prosthetic leg. Since gaining popularity from the *Super Troopers* movies, he has done speaking engagements around the country about how he overcame adversity to become a successful actor, writer and producer.

"Because of *Super Troopers*, I've gotten to know a lot of great people in the law enforcement community on a personal level. I feel like I've been adopted by the community, which makes me want to support their causes," said Stolhanske.

Funds raised by the Rotary Club of Fort Myers South's Law & Order Ball will benefit the following Lee County law enforcement agencies: Cape Coral Police Department, Florida Gulf Coast University Police, Florida SouthWestern State College Police Department, Fort Myers Police Department, Lee County Sheriff's Office, Lee County Port Authority Police, and Sanibel Police Department.

Paying tribute to Lee County law enforcement officers, the event raises funds for the Rotary Club of Fort Myers South Foundation, which provides grants to Lee County law enforcement agencies and local nonprofit organizations. Registration for the evening celebration is \$175 per person and \$1,750 for a table for 10 guests. Now in its fifth year and celebrating the 50th anniversary of the Rotary Club of Fort Myers South, the black-tie optional gala is hosted by the Rotary Club of Fort Myers South and is open to the public.

Germain Arena is located at 11000 Everblades Parkway in Estero. For more information, visit www.lawandorderball.org or contact info@lawandorderball.org.✱

Rising Stars To Compete In Talent Search

Creative Minds Records (CMR), a Florida-based indie record label, presents the CMR Talent Search at the Broadway Palm Dinner Theatre on Tuesday, September 18 at 7 p.m.

Throughout a month-long search, CMR Music Executives Teresa Zepceviski and Johnny Mars have already received hundreds of online talent submissions from talented individuals across Southwest Florida, and from as far away as New Jersey and Nashville. Zepceviski and Mars will select 20 of the acts to perform at the event by September 11. Two local artists that have been selected are Caleb Neff and Kate Skales.

Open to vocalists and vocal groups of all ages, the talent search spotlights Southwest Florida's aspiring artists and provides them with a stage to showcase their unique singing and songwriting capabilities in the genres of country, pop, rock, blues, Christian and R&B.

A wide variety of musical talent will be on display at the big event. The audience will listen to an eclectic mix of talent sure to touch on everyone's favorite music style.

After all musicians and musical groups have performed live, CMR Record executives will judge the participants and select a winner. There will also be input from a major record label representative.

A \$2,500 cash prize will be awarded to the winner with absolutely no strings attached. The frontrunner may also be approached by CMR executives with an opportunity to sign a record agreement. This agreement could include funding

for professional recording and mixing, professional production from high-ranking producers, funding for music video(s), branding, marketing, social media campaigns and more. The goal is to quickly generate traction for a brand new artist and prepare them for a tour. CMR will not be presenting a contract the night of the event because it is always recommended that the individual have it reviewed by an attorney before entering an agreement. This opportunity may be presented to other talented artists competing at the event.

Comics from Laugh In Comedy Café and children from the Tabarrini Foundation will also provide live entertainment during the event. The Tabarrini Foundation provides musical instruments and music lessons to children in Southwest Florida who do not have the financial resources to make their musical dreams come true.

Two guitars provided by Guitar Center and \$200 in gift cards from La-Te-Da Salon will be raffled off at the event with more to come. Raffle tickets will be on sale, before and during the event, for as low as \$1.

The CMR Talent Search is open to the public for \$10 a ticket while supplies last. Don't miss the opportunity to watch as a brand-new star is born right here in Fort Myers.

General admission and VIP tickets are available at www.cmrtalentsearch.com. Tickets will also be available at Brent's Music & Sound. All tickets purchased online will need to be picked up at will call at Broadway Palm on the day of the event.

Broadway Palm Dinner Theatre is located in Royal Palm Square at 1380 Colonial Boulevard in Fort Myers. For more information and sponsor packages, visit www.cmrtalentsearch.com or call Tracy Atwood with Paradise Creative Group at 980-5674.✱

Football-Themed Yappy Hour

Bell Tower Shops will host Bulldog Blitz Yappy Hour this Friday, September 14 from 6 to 8 p.m. The football-themed Yappy Hour will be held in the breezeway near World of Beer. For a \$5 donation to the Gulf Coast Humane Society, pet owners can enter their dog into a costume contest reflecting the football theme.

DJ Robert McDonald will be providing entertainment. A bounce house, sidewalk chalk station and lawn games will be available for guests. Williams-Sonoma is Yappy Hour's Merchant of the Month, introducing tips and tricks for presenting the perfect tailgate party. World of Beer will be selling beer and wine at the event, with \$1 from every happy hour draft beer and happy hour wine benefiting the Gulf Coast Humane Society. Omaha Steaks will offer \$2 hot dogs and \$1 water bottles, with proceeds going to the humane society.

Throughout Yappy Hour, visitors will have an opportunity to stop by dog-friendly sponsor stations and meet adoptable dogs from the Gulf Coast Humane Society.

The bulldog was the first official college mascot and still is among the most popular breeds of dog mascots, but huskies, Saint



Dress up your dog for Yappy Hour

photo provided

Bernards, terriers, bloodhounds, great danes, greyhounds and others are seen roaming the sidelines as the high school, college and professional football seasons get underway.

Yappy Hour is the area's largest pet-friendly social hour, providing an evening of fun for pet lovers and their four-legged friends. The event is weather permitting. Follow Bell Tower Shops on social media for weather updates impacting special events.

To learn more about the event, visit www.thebelltowershops.com or www.facebook.com/BellTowerShops.✱

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Along The River

The Bonsai Society of Southwest Florida will meet at the **Berne Davis Botanical Garden** this Saturday, September 15. Coffee and greetings begin at 9 a.m.

Phil Krieg and Martha Goff will demonstrate **how to construct a display using accent plants** in preparation for the November show. The public is invited; information and help with bonsai trees is available. Parking is free.

The Berne Davis Botanical Garden is located at 2166 Virginia Avenue in Fort Myers.

The **Fort Myers Regional Library** will offer **Tracing Your Hispanic Ancestors** in Meeting Room AB this Saturday, September 15 at 9:30 a.m. Speakers Bryan L. Mulcahy, Lee County Library System, and Paul R. Rivera will focus on research strategies designed to assist patrons in successfully tracing their Hispanic/Latino ancestors throughout the world.

The library will also offer How to Apply for a Habitat for Humanity Home in Meeting Room AB this Thursday, September 20 at 10 a.m. A Habitat for Humanity representative explains the Habitat program and how to apply for a Habitat partnership.

The Fort Myers Regional Library is located at 2450 First Street in Fort Myers. Adult programs are held in the meeting room building located across the library campus at 1651 Lee Street. For more information about a program



Pocket Change will perform at the final 2018 SummerJazz on the Gulf concert

photo provided

or to register, call 533-4600 or visit www.leelibrary.net.

The monthly **SoCo Second Saturday Art Crawl** will showcase another artful night along the **SoCo Cultural District** this Saturday, September 15 from 6 to 10 p.m.

Vendors will set up at various locations in the Royal Palm Square, offering their handmade and fine crafts during the event.

The SoCo Cultural District location encompasses the block south of Colonial Boulevard, from the corner of McGregor Boulevard to Summerlin Road, to Royal Palm Square Boulevard

and back to McGregor Boulevard. For more information, visit www.socoswfl.com or call 590-8645.

The final **SummerJazz on the Gulf** concert will be held on The **Naples Beach Hotel & Golf Club's Watkins Lawn** this Saturday, September 15 from 6:30 to 9:30 p.m. Pocket Change, a six-piece, high-energy band, will be performing Motown, funk, R&B variety, soul and dance/party music. For band information, visit www.pocketchangehashtagtwo.webs.com.

Hotel guests will receive complimentary parking at the resort. For those not staying at the resort, there will be parking just north of the hotel at Lowdermilk Park, with free parking provided to those with a Naples beach sticker, and free trolley service to the resort and back. Guests may bring

lawn chairs or blankets for seating, however no outside food and beverage is allowed. Call 261-2222 for additional information and directions.

The Naples Beach Hotel & Golf Club is located at 851 Gulf Shore Boulevard North in Naples. For more information, call 800-237-7600 or 261-2222 and visit www.naplesbeachhotel.com.

Judge Mary Evans will present **Applied Critical Thinking: A View from the Bench** during **Florida SouthWestern State College's (FSW) Critical Thinking Lecture Series** at the FSW Thomas Edison Campus, Building U-102 this Tuesday, September 18 at 6 p.m.

Judge Evans was elected to the Circuit Court bench by the voters of the 20th Judicial Circuit in 2014. She graduated from Edison State College, summa cum laude, with her associate degree; Florida Gulf Coast University, summa cum laude, with a bachelor's degree; and Stetson University College of Law with a juris doctor degree. She was admitted to the Florida Bar in 2003, was a Florida Supreme Court certified mediator, and was admitted to practice in U.S. District Court, Middle District of Florida.

The FSW Critical Thinking Lecture Series features college and community leaders who discuss how they use critical thinking skills in their profession or focus on critical topics from their area of career or academic interest. The series is free and open to the public. Presentations take place weekly, and the fall series runs September through November.

For more information on the FSW Critical Thinking Lecture Series, contact Whitney Rhyne, director, strategic initiatives, at 433-6943 or whitney.rhyne@fsw.edu.✪

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Nonprofits To Benefit From Donated Property

Two Southwest Florida nonprofits will have a home for their events on the house. Top Rocker Events at Six Bends is launching Property with a Purpose as part of Scott Fischer Enterprises to give two nonprofits the use of either Top Rocker Field or Thunder Plaza for free this season.

"We want to make Six Bends the home for events the community loves, and we want to give back to the community that has supported us for over 30 years," said Scott Fischer, CEO of Scott Fischer Enterprises and Top Rocker Events. "The vision behind Property with a Purpose is to make Southwest Florida a better place — something we're committed to doing every day."

Locally focused nonprofits can apply on www.toprockerevents.com between now and September 30. The primary criteria for selection is that the money raised during the event benefits the Southwest Florida community.

"The most important thing is for the benefit to stay here in Southwest

Florida," Fischer said. "There are so many worthy causes right in our backyard."

Top Rocker Field is a gated 3.13-acre outdoor facility with room for 4,000 attendees. It has three entrances and a semitruck entrance for large events. Thunder Plaza is 20,000 square feet and can accommodate 1,000 people.

Both are at Six Bends, a well-established name and brand that's centrally located just off Interstate 75 and Daniels Parkway. The venue is highly visible from the interstate and convenient to the airport, hotels and ample dining and shopping venues. On-site and off-site parking is available, and mature landscaping lines the property.

Organizers can take advantage of a preferred partner program with well-known local vendors for event-related needs and wants. Top Rocker Events has an experienced events director on staff, and management services are available.

To qualify, nonprofits must be valid, registered and able to provide their own liability insurance. Rentals, entertainment, permitting and other costs beyond the use of the venue are not included.

For more information about Property with a Purpose, call Taylor Loethen at 284-0301 or email her at taylorl@sf-us.com.✪

Tice Elementary Students Benefit From Partnership

Hundreds of students went home with a smile on their face, a trendy backpack and a memory they won't forget. Blessings in a Backpack of Southwest Florida and Vera Bradley surprised Tice Elementary School students on Monday, August 27 with a carnival featuring games, bounce houses, popcorn and more.

Emmy-nominated *Dancing with the Stars* choreographer Witney Carson attended the event and helped distribute more than 600 Vera Bradley backpacks. The national luggage and handbag design company has partnered with Blessings in a Backpack to donate 25,000 backpacks to children in selected schools across the country. The students can use their backpacks to carry the food they receive from Blessings in a Backpack for the weekends throughout the school year.

"This is overwhelming and synergy and a big blessing all wrapped up into one," said Cecilia St. Arnold, executive director of Blessings in a Backpack of Southwest Florida. "And this is a great way to kick off the 10th birthday of Blessings in a Backpack."

Blessings in a Backpack is a nonprofit organization that provides food for elementary school children across the country who might otherwise go hungry.



Blessings in a Backpack SWFL Executive Director Cecilia St. Arnold (with backpacks, left) and *Dancing with the Stars* performer Witney Carson (with backpacks, right) at a surprise carnival for Tice Elementary School students.

photo provided

The food covers meals over the weekend for those who receive free and reduced-price lunches on school days. Every student at Tice Elementary currently qualifies for the Blessings in a Backpack program.

"We sometimes worry that kids might not have what they need for school, like pencils and books, but we don't always think of whether they are physically and mentally ready to focus," Tice Elementary School Principal Ronda

Amaya said. "Imagine being a hungry student and then trying to concentrate on learning. It doesn't work very well."

For more information on Blessings in a Backpack of Southwest Florida, visit blessingsinswfl.org.



BOGO BY THE BEACH.

Every Monday, Wednesday and Friday through October 17, buy one entrée from our BOGO menu at **Sea Breeze Café** and get a second entrée of equal or lesser value free.



To view the menu, visit sundialresort.com/dine/sea-breeze-cafe.



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Sundial Dazzles With New Menu Specials

by Jeff Lysiak

With one of the island's most breathtaking views overlooking the Gulf of Mexico, the Sundial Beach Resort & Spa also offers some of the most delicious dining destinations anywhere in Southwest Florida.

Last week, two of the restaurants located on the property – Sea Breeze Café and Shima Japanese Steakhouse & Sushi Bar – simultaneously announced their new lineup of lunch and dinner specials, coupled with limited time only prix fixe menus.

“We wanted to offer a few new things that would draw more local diners and keep our employees busy during this time of year,” said Phillip Starling, Sundial general manager. “Our chef has created some new menu items that offer great value and wonderful flavors.”

Sea Breeze Café has introduced a BOGO by the BEACH dinner menu, available on Monday, Wednesday and Friday nights throughout the month of September. The Buy One, Get One Free menu highlights favorites like the No Woman, No Cry burger (a 10-ounce jerk spice-rubbed hamburger topped with smoked jalapeno, Jamaican jerk cheese, tobacco onion crisps and a pickled okra spear, served with house



Chef James Monahan with two dishes on the BOGO dinner menu, grilled salmon and New York strip photos by Jeff Lysiak

slaw and French fries) and grilled salmon served with onion and herb quinoa, braised bok choy and a pineapple-pepper teriyaki glaze.

“We wanted to add some new items to our menu that give diners good value – comfort foods that are classics, but prepared the right way,” said Chef James Monahan, who joined the Sundial staff about six months ago. “We’re in a southern coastal region, so dishes like the grilled salmon are perfect. It’s got tons of omega-3s, is really high in protein and tastes incredible.”



The No Woman, No Cry burger, a 10-ounce jerk spice-rubbed hamburger topped with Jamaican jerk cheese and tobacco onion crisps

Other new offerings include an Italian stromboli (stuffed with ham, soppressata, pepperoni, parmesan cheese, pesto and roasted tomatoes), a traditional calzone and 12-ounce New York strip, served with grilled potato planks, goat cheese stuffed tomato and asparagus. Prices range from \$9 to 38 for two.

A three-course prix fixe lunch (\$15) and dinner (\$21) menu have also been added at the Sea Breeze Café, with prices in effect through October 17. Lunch choices include Bourbon Street



The Italian Stromboli is stuffed with ham, soppressata, pepperoni and parmesan cheese

Steak Sandwich, French Onion Triple Grilled Cheese and Mahi Fish Tacos. For dinner, entrée choices include Bronzed Redfish, Sanibel Shrimp Burger, Char Grilled Baseball Sirloin and Sautéed Breast of Chicken. All come with your choice of appetizer (Calamari Fries, Apricot BBQ Pulled Pork Biscuits and Island Salad) and dessert (Key Lime pie and cheesecake).

Chef Monahan explained that his restaurants exclusively use locally sourced produce, meats and fish. He

continued on page 16

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION

Sunday 10:30 a.m., 2756 McGregor Boulevard, allfaiths-uc.org, 226-0900.

ALL SAINTS BYZANTINE

RITE CATHOLIC

Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.

ANNUNCIATION GREEK ORTHODOX

Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, annunciation.fl.goarch.org, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

Friday Shabbat at 7 p.m. 2050 Periwinkle Way. www.batyam.org 579-0296.

BETH SHILOH MESSIANIC SYNAGOGUE

Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE

10 a.m. Sunday and 7 p.m. Tuesday, 7050 Winkler Rd, Suite 121, www.simplysimpleworship.com, 437-8835.

BREAD OF LIFE MINISTRIES

Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

CHABAD LUBAVITCH ORTHODOX

Friday 6:30 p.m. 5620 Winkler Road, chabadswf.org, 433-7708.

CHAPEL OF CYPRESS COVE

Sunday 10 a.m. 10200 Cypress Cove Circle, revtedalhouse@aol.com, 850-3943.

CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

CONGREGATIONAL

Sunday 10:30 a.m. 1619 Llewellyn Drive, taecc.com, 334-4978.

COVENANT PRESBYTERIAN

Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CYPRESS LAKE BAPTIST

Sunday 9:45 and 11 a.m., 7 p.m.;

Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN

Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, www.clpc.us, 481-3233.

CYPRESS LAKE UNITED METHODIST

Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH FELLOWSHIP WORLD OUTREACH

Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638.

FAITH UNITED METHODIST

Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST

Wednesday 12 noon Testimony Service, Sunday 10:30 a.m. 2390 West First Street, christiansciencefortmyers.net, christianscience.com.

FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511.

FIRST UNITED METHODIST CHURCH

Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, www.fumcftmyers.org, 332-1152.

FORT MYERS CHRISTIAN

Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-3133.

IONA-HOPE EPISCOPAL CONGREGATION

Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC

Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143.

KINGDOM LIFE

Sunday 10:30 a.m. 2154 McGregor Boulevard, 218-8343.

LAMB OF GOD

Sunday 7:45 and 10 a.m. 19691 Cypress View Drive, lambogodchurch.net, 267-3525.

NEW BEGINNINGS CENTER

Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, nbcministry@embarqmail.com, facebook.com/nbcministry, 656-0416.

NEW COVENANT EYES

Monthly 9 a.m. 1900 Park Meadows Drive, newcovenanteyes.com, 220-8519.

NEW HOPE BAPTIST

Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m. 10051 Plantation Road, www.newhopefortmyers.org, 274-1230.

PEACE COMMUNITY

Sunday 10:30 a.m. www.17671 Pine Ridge Road, peacecommunitychurch.com, 267-7400.

PEACE LUTHERAN

Sunday 8 and 10 a.m. 15840 McGregor Boulevard, www.peaceftmyers.com, peace@peaceftmyers.com, 437-2599.

REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD

8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC

Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m. 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m. 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE

METROPOLITAN

Sunday 10 a.m. 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m. 111 Evergreen Road, saintnicholasmonastery.org, 997-2847.

ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336.

TEMPLE BETHEL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. 16225 Winkler Road, templebethel.com, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)

Friday 6:30 p.m. and Saturday 9 a.m. tjswfl.org. 14486 A&W Bulb Road, 433-0201.

THE NEW CHURCH

Sunday 11 a.m. 10811 Sunset Plaza Circle #401, newchurchflorida.com. 481-5535.

UNITARIAN UNIVERSALIST

Sunday 10:30 a.m. 13411 Shire Lane, uucfm.org, 561-2700.

UNITY OF FORT MYERS

Sunday 10 a.m. 11120 Ranchette Road, unityoffortmyers.org, 278-1511.

WESTMINSTER PRESBYTERIAN

CHURCH Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125.

WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.

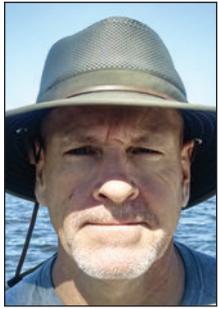
ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, zionfm.org, 481-4040.✪

CROW Case Of The Week:

Mange

by Bob Petcher



Mange is nothing to be taken lightly. It is defined as “a skin disease of mammals caused by parasitic mites and occasionally communicable to humans. It typically causes severe

CROW medical staff confirmed the raccoon was indeed suffering from severe sarcoptic mange by examining a skin scraping under a microscope that showed live Sarcopites. The patient was definitely infected by the disease.

“This case of Sarcoptic mange was a very severe one in that the lesions that affected the young raccoon covered the majority of the body. The lesions most commonly present are hair loss and excessive crusting of the skin,” said Dr. Abbott. “Mange refers to any disease where mites cause obvious defects in the skin. Sarcoptic mange is common and found around the globe.”

Since Sarcoptic mange is a zoonotic disease, meaning it can be spread from animals to humans, the raccoon was taken to a special, isolated quarantine room in the hospital to prevent the spread to other patients. CROW medical staff used extra protection while providing the raccoon with antiparasitic and antibiotic medication to treat the mange, along with nutritional and supportive care.

“For protection against this zoonotic disease, staff wears gowns and gloves when working with the raccoon,” said Dr. Abbott. “The raccoon is also housed in a separate room from other patients. This room contains a separate air system from the rest of the hospital which helps prevent the spread of infectious diseases.

“The raccoon has been treated with two different drugs in the same class to kill the mite. One is called Ivermectin and is an injectable medication, and the other is selamectin, commonly known as Revolution, and is a topical medication.

itching, hair loss and the formation of scabs and lesions.”

Sarcoptic mange is a form of mange that is referred to as a highly contagious skin disease. It is so called because this type of mange is caused by the Sarcopites scabiei mite.

At CROW, a juvenile northern raccoon was admitted to the clinic after it was found in a supermarket parking lot in Fort Myers and suspected to have mange. The parasitic infection caused the raccoon to experience matted fur, hair loss and bacterial skin infection. Mange can also leave the infected thin and dehydrated.

“Animals become infected with mange after direct contact with another animal with mange or if a mite survives long enough in the environment to travel onto a new host,” said Dr. Kyle Abbott, CROW veterinary intern. “Sarcopites mites, however, are not long-lived off their hosts.”



Patient #18-3394 suffers through Sarcoptic mange, but recovery is expected

photo by Brian Bohlman

Both are used to ensure the mites are killed and because it was uncertain if this raccoon could effectively absorb either medication through its compromised skin.”

Now that the young raccoon has faced the main part of the medical procedure, it is more of a waiting game to see how it responds.

“Once the patient is able to clear the crusted skin lesions, we will test the skin again for live mites,” said Dr. Abbott. “If there are none, then the patient will be cleared to move to an outside enclosure where it will continue its rehabilitation until it is ready for release.”

After a few more days of getting treatment, there seems to be a light at the end of the tunnel for the patient.

“This raccoon has done well with treatment and is eating well on its own,” said Dr. Abbott. “Within a few weeks, it should be ready for release.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*

“Top 5 Breakfast in Florida” - Southern Living

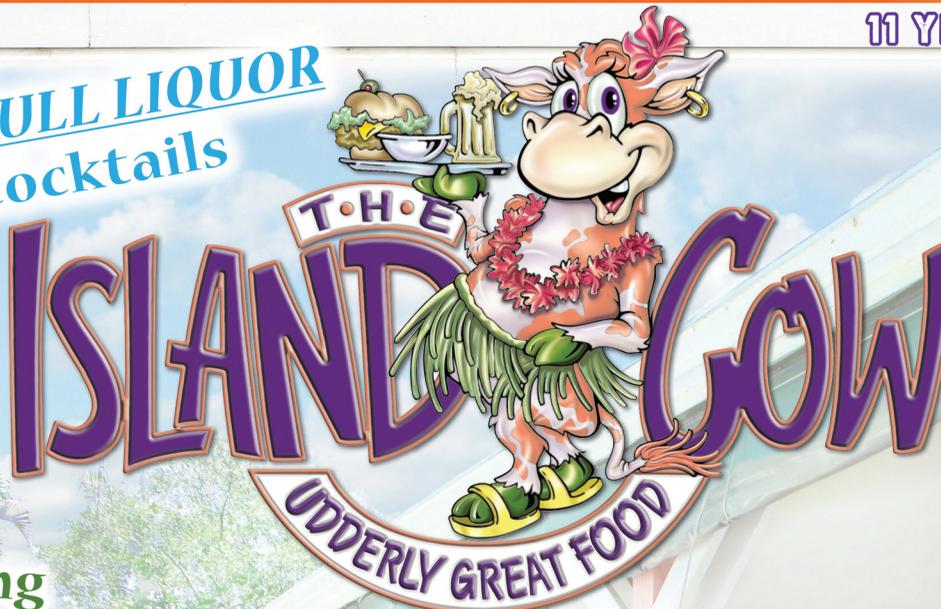
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Thanks Gordon



by Capt. Matt Mitchell

Tropical Storm Gordon proved to be just what we needed to break up and push more of the red tide out of our area. In the days immediately following the strong winds and heavy

rain, the sound was in amazingly good shape, and it was easy to see the vast improvement. Labor Day weekend is usually the last busy weekend before the doldrums of September, but with the red tide and a tropical storm, it turned out to be the slowest holiday weekend anyone can remember.

Post-Gordon fishing continues to keep getting better along with quality bait getting easier to catch. Keeping this pretty bait alive has generally been no problem, though it only takes running through a patch of bad water and all your baitfish can die. Most days I had no issues with this but when returning to Punta Rassa to pick up clients one morning this week, everything went belly up while between Tarpon Bay and the Causeway Islands. Later that day, after a few hours of incoming tide, this same area was fine and no bait died. While fishing a tournament this past weekend, we ran the whole length of Pine Island Sound and back down Matlacha Pass and did not see a single floating dead fish or have any baitfish die.

This week brought some crazy big high tides, which proved to be the



Mary Laser of Sanibel with a snook caught while fishing with Capt. Matt Mitchell this week

photo provided

perfect set-up for catching both snook on oyster bars along with redfish under the mangroves. Oyster bars around Buck Key held lots of smaller snook and, once you found them, this bite was on fire. Redfish on the other hand were tough for me this week, though I had reports from Matlacha Pass and the Bokeelia end of Pine Island where this bite went off. Mangrove snapper were the fish of choice for my

clients looking for fillets.

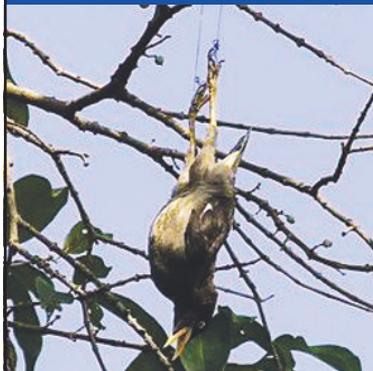
Waters around our area were a little busier this week, which is a good thing. I'm seeing people gradually getting back out on the water, and they are being pleasantly surprised at the conditions they are finding. The middle northern sound and Matlacha Pass remain the cleanest water and the better areas to fish. Area beaches are the cleanest they have been in a long time

after the massive clean-up operation.

Don't give up hope! Get out on our waters and enjoy.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.

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Fishing gear can kill birds, reptiles and mammals



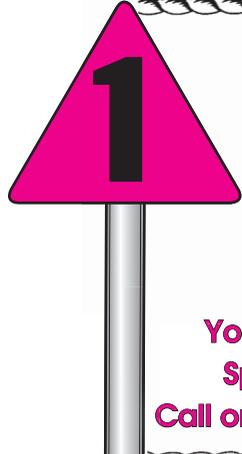
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Golden dewdrops' racemes of lavender-blue flowers bloom year-round in South Florida photos by Gerri Reaves

Birds eat the golden fruit, but it is poisonous to people

curved beak. Although birds like the fruit, they are poisonous to people. Use this shrub as a background or screen plant or as a nectar source in a butterfly garden. It can also be espaliered on a fence or wall. Once established, it requires little maintenance.

It has a moderate growth rate and tolerates drought but not salt. It adapts to various soil conditions and will grow in partial shade but flowers better in full sun.

Propagate it with seeds or cuttings. There is also a white variety of this pretty flower. The foliage can cause skin irritation, so handle carefully when pruning.

Sources: *Five Hundred Plants of South Florida* by Julia F. Morton; *Florida Landscape Plants* by John V. Watkins and Thomas J. Sheehan; *Florida, My Eden*, by Frederic B. Stresau; *Florida Plants for Wildlife* by Craig N. Huegel; *Gardening for Florida's Butterflies* by Pamela F. Traas; *The Shrubs and Woody Vines of Florida* by Gil Nelson; *Waterwise: South Florida Landscapes* by SWFWMD; www.edis.ifas.ufl.edu; and www.floridata.com.

Plant Smart explores the diverse flora of South Florida.✽

Plant Smart
Golden Dewdrops

by Gerri Reaves

Experts disagree on whether golden dewdrops (*Duranta erecta*) is a Florida native, but there's no doubt about its ornamental value and wildlife friendliness.

This perennial of the verbena family takes the form of a shrub or small tree. Unpruned plants develop into trees up to 18 feet tall.

Branches are arching or cascading and sometimes spiny. Opposite oval leaves are evergreen with serrated edges and measure one to four inches long.

The golden yellow berries inspire the common name, but loose clusters of star-shaped blue or lavender flowers inspire yet another, sky-flower. It is also called pigeon berry.

In South Florida, plants can bloom year-round, so the berries and tubular flowers are often on the plant simultaneously, creating a beautiful color contrast.

Each fruit is about a half-inch across and covered by a calyx closing into a

Free Admission To Wildlife Drive Next Saturday



Take advantage of discounts on kayaking tours and rentals on National Public Lands Day photo provided

JN "Ding" Darling National Wildlife Refuge on Sanibel will celebrate National Public Lands Day on Saturday, September 22 with free admission to Wildlife Drive, discounts at Tarpon Bay Explorers and special activities.

Wildlife Drive opens at 7 a.m. for free touring and closes at 7 p.m. Narrated tram tours will run at normal cost and schedule - 10 a.m., 12:30 p.m. and 3 p.m. The always admission-free "Ding" Darling Visitor and Education Center opens at 9 a.m.

In the Refuge Nature Store, the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) is giving away a free bottle of Just Water with a purchase of \$10 or more, upon request. This year's National Public Lands Day celebrates the seventh anniversary of the Kick the Bottle campaign to rid the refuge of the disposable plastic bottles that are a scourge to the environment. Just Water comes in a reusable container that consists of 82 percent renewable resources - primarily paperboard sourced from forests where new trees replace those harvested.

The following free and discounted

activities will take place from 8:30 a.m. to 3 p.m. at the refuge:

8 a.m. - All day long, Tarpon Bay Explorers offers a 25 percent discount on bike, kayak and paddleboard rentals.

8:30 a.m. - 25 percent off guided kayak tour at Tarpon Bay Explorers. Reservations are recommended by calling 472-8900.

8:30 to 9:30 a.m. Guided tour and clean-up along Indigo Trail to the Wildlife Education Boardwalk. Meet at the parking lot flagpole, and bring water, sunscreen and insect repellent.

9:30 to 11 a.m. Hidden Treasures of "Ding" Caravan. Follow a naturalist along Wildlife Drive and stop for up-close and personal viewings. Meet at the parking lot flagpole, and bring water, sunscreen and insect repellent.

10 a.m.-3 p.m. Make-and-take recycled crafts in the "Ding" Darling Visitor and Education Center classroom.

"Ding" Darling National Wildlife Refuge presents National Public Lands Day with support from DDWS and Tarpon Bay Explorers. For more information, contact Ranger Monica Scroggin at 472-1100 ext. 237.✽

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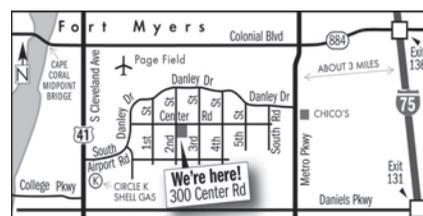
Or consider not using any rat poisons at all. Instead, seal all entry points to your home.



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Tickets Available For Uncommon Evening Gala

The Uncommon Friends Foundation has opened reservations for individual tickets at a cost of \$150 per person for its 2018 Uncommon Evening Gala to be held on November 8. Sponsorships and group full table reservations are also still available. To make reservations, contact Executive Director Jennifer Nelson at 826-0556 or email Jennifer@UncommonFriends.org.

Celebrating its 25th anniversary, the Uncommon Friends Foundation is a nonprofit 501(c)(3) organization dedicated to lifelong character building among today's youth and business leaders. It is located at the historic Burroughs Home & Gardens at 2505 First Street.

For more information, call 337-9503 or visit www.uncommonfriends.org.

New Board Additions To Science Center

The IMAG History & Science Center recently announced new appointments to its new board of directors. Carlos Kelly of Henderson Franklin has been appointed as the new board chair, and Matthew Simmons of Maxwell, Hendry & Simmons, LLC was appointed as the new vice chair. New members joining the board include Allie Schotanus-Lopez of Priority Marketing and professor Noemi McDonald of Florida Gulf Coast University (FGCU).

Kelly has served on the IMAG board since 2015 and brings a wealth of experience, having served on various nonprofit boards throughout the community. He is an attorney at Henderson Franklin in Fort Myers with a focus on eminent domain and is a sought-after speaker on the topic. "I look forward to the opportunity to help the outstanding team at our community's most interesting educational resource, The IMAG History & Science Center," said Kelly.

Simmons has served on the IMAG board for the past three years and comes with direct experience, having co-founded his own nonprofit focused on providing scholarships to student athletes. As a partner in his firm, he specializes in the appraisal of high-value, complex residential properties.

McDonald teaches introduction to anthropology, cultural anthropology, Native American cultures and foundations in museum studies at FGCU. Her other course offerings include upper level courses such as museum exhibit design and interpreting museums and sites. She is also the program leader in the museum studies minor and trains students in collections

management through providing access to the university's artifact collections.

Schotanus-Lopez is the director of digital marketing at Priority Marketing, specializing in strategic digital planning encompassing social media strategy, content development, digital advertising and exploring new media tactics.

"I am excited to work with new board members and leaders to advance our mission and promote a better understanding of our world through STEM and history," said Executive Director Matt Johnson.*

The Art Of Peter Greenaway And Jack Kerouac

Florida SouthWestern State College will extend the celebration of the literary King of the Beats with back-to-back Jack Kerouac-related shows. Following the success of our Jack Kerouac & Ed Ruscha: On the Road exhibition, which ended August 25, the Bob Rauschenberg Gallery at FSW will present The Art of Peter Greenaway & Jack Kerouac from Friday, September 14 through December 8. Pairing more than 50 of Kerouac's paintings and unique works-on-paper (on loan from a private collection in Switzerland) with newly-commissioned, *On the Road*-themed drawings by legendary British filmmaker Peter Greenaway, this exhibition provides the first and only opportunity in the United States to see a major survey of the visual art output of the seminal Beat poet/author and the iconoclastic, cinematic genius he has inspired.

Subject of solo visual art exhibitions and site-specific installations at the Fundació Joan Miró in Barcelona, Rijksmuseum in Amsterdam, Boijmans Van Beuningen Museum in Rotterdam, and the Musée du Louvre in Paris, Greenaway trained as a painter for four years before beginning to make his own films in 1966. His first feature, *The Draughtsman's Contract*, received much critical acclaim and established the director internationally as one of the most important and original filmmakers of our time. Greenaway's adventures in cinema have starred such distinguished actors as Helen Mirren, Ewan McGregor, Julia Ormond and Ralph Fiennes and with the resounding success of *The Cook, the Thief, his Wife & her Lover*, *The Pillow-book* (1996) and many others, his reputation as a visionary with a cult-like following secured his prominent place in the historical canon.

This exhibition is made possible by the generous support of the Stanton Storer Embrace the Arts Foundation and The Beaches of Fort Myers and Sanibel, and with loans from Il Rivellino LDV, Peter Greenaway and the Luperpedia Foundation.

For more information, call 489-9313 or visit www.rauschenberggallery.com.

Officer Awards At Law & Order Ball This Saturday

In addition to the Officer of the Year, the Rotary Club of Fort Myers South will also be celebrating a K-9 Officer of the Year at the 5th annual Law & Order Ball to be held at Germain Arena on Saturday, September 15 at 6 p.m.

For the second year, the Rotary Club will recognize a K-9 Officer for their service to one of the local law enforcement agencies. This year, there are three nominees from the Fort Myers Police Department, Lee County Sheriff's Office and Lee County Port Authority Police for the prestigious recognition. The winner will be announced at the event.

Last year, K-9 Officer Nate from the Cape Coral Police Department was honored as the K-9 Officer of the Year. K9 Nate has been with the Cape Coral Police Department since 2012 and has assisted with more 350 arrests. K9 Nate was graciously donated to the Cape Coral Police Department by Rich and Debbie Burnfield, in honor of their late son Nathan Burnfield, who was killed in the line of duty on a traffic stop in South Strabane Township, Washington, Pennsylvania.

The following Lee County Law Enforcement agencies are beneficiaries of the Rotary Club of Fort Myers South's fundraising through the Law & Order Ball: Cape Coral Police Department, Florida Gulf Coast University Police, Florida SouthWestern State College Police Department, Fort Myers Police Department, Lee County Sheriff's Office, Lee County Port Authority Police and Sanibel Police Department.

Paying tribute to Lee County law enforcement officers, the event raises funds for the Rotary Club of Fort Myers South Foundation, which

provides grants to Lee County law enforcement agencies and local non-profit organizations. Registration for the evening celebration is \$175 per person and \$1,750 for a table for 10 guests. Now in its fifth year and celebrating the 50th anniversary of the Rotary Club of Fort Myers South, the black-tie optional gala is hosted by the Rotary Club of Fort Myers South and is open to the public.

Creighton Construction and Development has returned as the Law & Order Ball's title sponsor. Additional sponsors include: Aubuchon Team of Companies, Bank OZK, City of Fort Myers, Correctional Medical Group Companies, The Eventful Company, RapidPrint, Edison National Bank, Finemark Bank, Florida Power & Light, Fort Myers Police Department, Henderson, Franklin, Starnes & Holt, PA, Galloway Family of Dealerships, Interior Plantscapes, Markham Norton Mosteller & Wright, Millennium Physicians Group, Old Sparky Productions, Ruth Messmer Florist, Siesta Pebble, Southern Glazer's Wine & Spirits, Southwest Florida Public Service Academy, Suncoast Credit Union, Tech-Tronics, *The News-Press*, Round Table Provisions, Shoot Center, UAStar Photo Booth, Gulf Coast Coin and Jewelry, Mark Loren Designs, WINK News, Lee County Sheriff's Office, O-A-K Florida, Maureen Grabowski, Wilbur Smith Law Firm, Florida Gulf Coast University, Park Royal Hospital, Enterprise Holdings, Suncoast Beverage, Coca-Cola, Carter-Pritchett Advertising, Tuika's Polynesian Island Magic and Pushing the Envelope.

Sponsors, silent auction items and other contributions are still needed for this year's program.

Germain Arena is located at 11000 Everblades Parkway in Estero. For more information about the event, to become a sponsor, or to contribute, visit www.lawandorderball.org or contact info@lawandorderball.org.

Volunteers Sought For Neighborhood Youth Board

A free training session for volunteers that are needed for the Neighborhood Accountability Board will be held in Meeting Room C and D at the Fort Myers Regional Library on Saturday, September 22 from 9:30 a.m. to 3 p.m.

The Neighborhood Accountability Board (NAB) is a voluntary diversion program for youth who have been arrested. Volunteers attend a NAB conference with the youth, youth's parent/guardian, victim and other NAB volunteers to develop a case plan for the youth. Volunteers represent the community in this process to address the harm caused to the community and determine how to repair the harm. Lunch will be ordered; the cost

varies between \$8 to \$10 or you can bring your own. Volunteers are asked to complete an application, attend a one-day training session and observe two conferences. A background check is conducted on all potential volunteers. Volunteers are not required to commit to a set amount of hours. Any amount of time given to the program is appreciated.

NAB conferences are scheduled in the community where the crime took place throughout Lee County. A conference can last up to two hours and are held during the day or evening at a library, neighborhood community center or United Way House. Volunteers are e-mailed a conference schedule weekly, and carpooling to a conference is always available.

The Fort Myers Regional Library, 1651 Lee Street, Fort Myers. For more information or to reserve a spot, contact Nora Donato-Hitchcock at 533-7947 or ndonato-hitchcock@leegov.com.

Symposium With Workshop Leaders September 19

The Greater Fort Myers Chamber of Commerce has announced all workshop titles and presenters for the 5th annual Business Building Symposium, presented by HBKS Wealth Advisors and HBK CPAs & Consultants. The event theme is Unleashing the Spirit of Your Organization and will take place at the Sanibel Harbour Marriott Resort & Spa on Wednesday, September 19 from 7:30 a.m. to 3 p.m.

Attendees will select from nine workshops including Employee Retention with Lori Burke of Sunshine Ace Hardware: Using Effective Tools, Tips, and Tactics to Retain Your Best!; Ryan D. Carter of Scotlynn USA Division, Inc.: Hire Better. Hire Faster. Hire to Retain; Dr. Darlene Andert, CMC, CFM of Accounting for Profitability, LLC: Develop Employees into Leaders.

When it comes to Hot Topics in HR Management, guests will hear from Karen Anderson of Shell Point Retirement, Christy Carpenter of Gallagher Insurance, Dr. Angela Pruitt, Ph.D. of School District of Lee County, Logan Wallick of Suffolk Construction and Gerald Schulz of Iron Mountain

Experts in Business Processes will include Teri Hansen, APR and Allie Lopez of Priority Marketing, as well



Keynote Speaker Matt Keller

photo provided

as Mark Niede of Henderson Franklin as they address Social Media for Small Business & Frequently Asked Legal Questions. While Mike Kelly of the Florida Everblades focuses on Driving Sales Year Round in Southwest Florida.

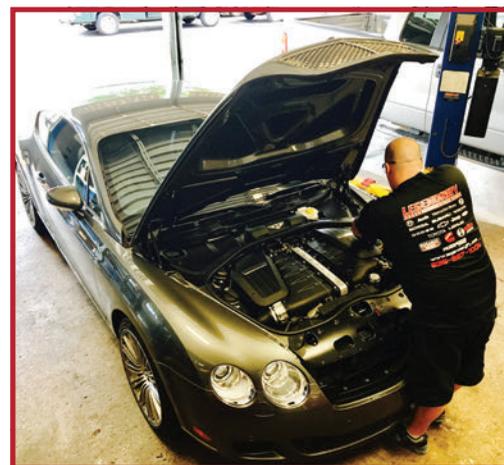
Work/Life Balance sessions will feature Kerri Goldsmith of HBKS Wealth Advisors and Amy Dalen of HBK CPAs & Consultants: Want Balance? How to Make That Resolution Stick; and Christin Collins of Lee Health: Living Your "Why": How Knowing Your Purpose Paves The Way

Continued on page 21

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Book Review

Saints For All Occasions

by Di Saggau



JCourtney Sullivan's novel *Saints for All Occasions* is a quiet masterpiece of a book about family. She draws us into the lives of two sisters, Nora and Theresa Flynn. They are 21 and

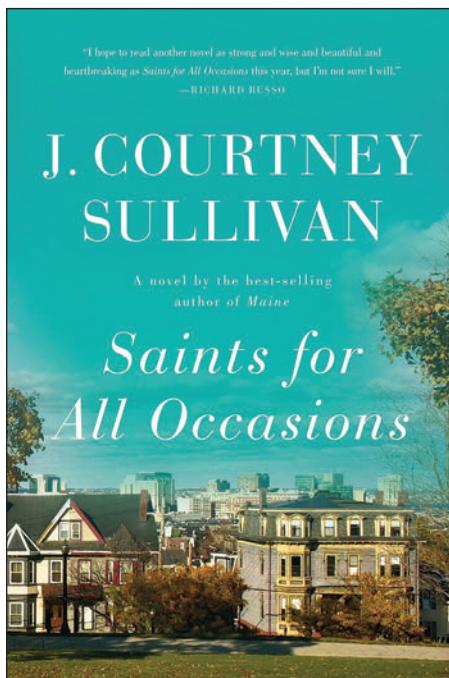
17 when they leave their small village in Ireland and journey to America.

The book opens in 2009 with Nora in a taxi going to the hospital to identify the body of Patrick, the eldest of her family, who died in a car accident.

The time period quickly shifts back to 1957-58 when Nora's father packs her and Theresa into the car that will take them on the first leg of their journey to America.

The rest of the book moves back and forth from Nora and her grown children preparing for Patrick's wake and funeral back to earlier times.

Sullivan handles the time shifts smoothly, as we learn the family history of her characters. This is primarily the story of one woman's tireless efforts to control everything about those she loves, including their pasts and their identities. Nora denies her eldest son



has a drinking problem, and the fact that her daughter is a lesbian. She also finds it easier to consider her sister does not exist. This is the main thread of the novel.

We know from the first chapter that Theresa has spent most of her life as a cloistered nun in Vermont, but we're not sure why. Nora is married to Charlie, a marriage that was planned when they were young in Ireland. Eventually the story covers the decades of emotional mysteries and draws us into the 'whys' and 'hows' of what took

place in their lives. Each sister has to confront the choices they made a long time ago. Sullivan has a wonderful grasp of family dynamics as well as imaginative recreations of life in Ireland in the 1950s. *Saints for All Occasions* draws us deep into the qualities of

motherhood and the fascinating, funny and sometimes sad ways a family secret both breaks the sisters and eventually binds them together. The book is a good read and makes you think about why the sisters behave the way they do.✪✪

School Smart

by Shelley M. Greggs, NCSP



Dear Readers, Homework can be a hot-button issue for both you and your child. As your children settle into the new school year, homework issues can increase

into frustrating nightly battles. For the next few weeks, I will provide you with some suggestions by age groups that may help to defuse some of that tension and avoid those homework clashes. It's also a way to make sure you and your child both know your responsibilities. We'll look at homework strategies for elementary, middle and high school students as well as some ideas for setting up homework contracts with your children.

Your elementary school child may not be ready to do homework unsupervised, but having you right at the table with him can create too much pressure. Stay nearby and be on hand if he wants you. Having you nearby can help your child feel that you're confident in him, but also that he can reach out if he needs help.

Many kids can feel overwhelmed at the idea of doing all their homework straight through. Encourage your child to take a few minutes off between subjects, to build in a snack break or to get up and move around when she starts feeling restless. Taking a little time to regroup and refresh can make homework hours more productive.

A consistent homework routine can help you and your child stay calmer and avoid homework battles. Setting up a homework station even a portable one, can ease the chaos of trying to find a place for your child to work. A homework station includes a supply caddy with pencils, pens, crayons, scissors, stapler and other necessary tools for completing assignments. A

trifold screen that can help your child screen out visual distractions is also very helpful. You can make one out of cereal boxes, folders or buy one. Then you must have a set time and location for your child to do homework. Let your child pick the location. There may even be several locations that your child might want to use. Letting your child choose where he or she does homework could make them less resistant to actually doing it.

Homework conflicts don't typically appear out of nowhere. Kids usually get upset and complain about doing homework for a reason. Being able to detect what that reason is can help you defuse the struggles before they begin.

To figure out what's upsetting your child, it helps to have a good sense of what his trouble spots are. Then you can address problems specifically: If writing is hard for him and he has a lot of writing homework, help him create a plan of attack. If it's reading he's struggling with, consider reading with him.

Grade-schoolers are just learning how to do homework. They can feel discouraged when it's hard. Encouraging your child means more than just praising her for work well done. It also includes letting him talk through her frustrations and providing her with something to look forward to at the end of his homework session, like an hour of playing video games.

Stand firm with homework rules. By guiding your child through the process, you're helping her learn to take ownership of her homework and how to be self-sufficient.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✪✪

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Female Pioneers of Fort Myers

Women Who Made a Difference in the City's Development

By Robin C. Tuthill and Thomas P. Hall






"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Geri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

From page 10

New Menu

emphasized that it is his mission to "make great dishes, but made the right way."

"I don't want to overcomplicate the dish," he said. "Use fresh ingredients and make it taste great."

At Shima Japanese Steakhouse & Sushi Bar, a special two-for-one menu is currently available every night, Tuesday through Saturday, for the month of September. The menu includes several hibachi options (salmon, calamari, chicken or beef), a Teppanyaki vegetarian plate and Shima House

Special with prices starting at \$14 for two dinners. All entrees include Shima soup, salad, vegetables and mushrooms, two shrimp and your choice of fried or steamed rice.

Open seven days a week from 7 a.m. to 10 p.m., Sea Breeze Café is located at the Sundial Beach Resort & Spa, 1451 Middle Gulf Drive on Sanibel. Shima Japanese Steakhouse & Sushi Bar is also located at the Sundial, open Tuesday through Saturday from 5 to 10 p.m. Reservations are suggested and may be made by calling 989-1160 or visiting www.shimasushisteak.com/dinner-reservations.✪✪

United Way Adds Four New Partner Agencies

Four new Partner Agencies will receive funding from United Way of Lee County. Cancer Alliance of Naples serving Lee County, Cape Coral Caring Center, Gulfcoast Humane Society and Midwest Food Bank are the beneficiaries. The addition of the new agencies brings the total number of Lee County agencies to 80, and includes over 245 programs.

Every year, United Way of Lee County uses its allocations process to evaluate each partner agency that receives funding, and reviews applications from new prospective agencies. Over 425 volunteers participated in the process of reviewing applications and visiting each of the agencies.

Cancer Alliance of Naples (CAN) serves patients and their families affected by cancer in Lee and Collier counties. CAN was formed to offer both emotional and financial assistance to those families who have nowhere else to turn. The organization also offers free group counseling, nutrition programs and other services.

Cape Coral Caring Center has a goal of helping maintain a suitable standard of living when people find themselves in economic strain due to an unforeseen circumstance. It bridges the gap for clients to help relieve the stress resulting from the emergency. United Way funds a food program for residents on special medical diets.

Gulf Coast Humane Society (GCHS) has partnered with Beesley's Paw Prints, a United Way collaborative, to launch the "Senior to Senior" fostering program. Residents at senior independent and assisted living facilities will foster senior pets connecting older adults with furry companionship and encouraging socialization among pet owners. This program offers many benefits for humans as well as for the animals.

Midwest Food Bank has a mission of alleviating hunger and poverty by gathering and distributing food donations to not-for-profits and disaster sites without cost to the recipients. While it was originally founded in the Midwest, it has a division in Fort Myers, and was actively providing assistance in the wake of Hurricane Irma.



Gulf Coast Human Society Executive Director Jennifer Galloway and Community Relations Coordinator Brian Wierima

photo provided

United Way funds their food rescue and distribution program which serves over 100 community agencies.

The United Way of Lee, Hendry, Glades, and Okeechobee has raised and distributed over \$167 million since it was established in 1957. All money raised in the United Way campaign stays in the local community to help support the local human service network. United Way Partner Agencies and initiatives include: Alvin A Dubin Alzheimer's Resource Center, Partners for Breast Cancer Care, Harry Chapin Food Bank, Boys and Girls Clubs, and United Way 211, to mention a few. These agencies serve a diverse range of needs in the community such as nurturing children and youth, strengthening families, and meeting critical needs like helping the elderly and disabled live independently, and empowering communities by bringing health and human services to neighborhoods.

In addition to raising funds for human service organizations in our community, the United Way promotes partnerships and collaborations among agencies and initiatives, helping them to work together focusing on issues and solutions that continue to improve lives.

For more information call United Way of Lee, Hendry, Glades and Okeechobee at 433-2000 or visit www.unitedwaylee.org.

residents helpful tips on researching prospective tenants, doctors, contractors, employees, and even people they are dating," Doggett said. "Knowing how to access your public records can help you make informed decisions and avoid dangerous pitfalls and scams."

Other topics covered at the seminar include how to pay traffic tickets online; access the county's financial and audit reports; request redaction of confidential information; postpone jury duty; and report suspected guardianship fraud.

Registration is not required, but seating is limited on a first come, first served basis. The library is located at 921 SW 39th Terrace in Cape Coral. For more information, contact the Clerk's Community Relations Manager, Rita Miller, at rmiller@leeclerk.org.

Clerk To Host Free Seminar On Public Records

Learn how to search and view Lee County's civil and criminal court documents and public records at a free seminar hosted by Clerk Linda Doggett. The workshop will be held at the Cape Coral Public Library on September 20 from 1:30 to 3:30 p.m.

Attendees will learn how to get free copies of their mortgages, deeds, marriage licenses and other official county records from the newly redesigned website. Information on how to participate in foreclosure and tax deed auctions will also be presented.

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Fort Myers Regional Library, 2450 First Street

Robert Bidney • Carlene Thissen • Mike McMillan



Financial Focus

How Can Life Insurance Help You?



by Jennifer Basey

You may not be aware of it, but September is Life Insurance Awareness Month. Of course, you probably recognize, at least in a general sense, the importance of life

insurance, but do you know the various ways in which it can help you?

Life insurance can play a sizable role in your ability to achieve some important financial goals, such as these:

Helping Your Family Maintain Its Lifestyle

– If you are married and have young children at home, you and your spouse may need to work. If you were no longer around and your earnings were gone, could your family still afford to live as they do now? Adequate life insurance can help them preserve their lifestyle.

Helping Your Children Continue Their Education

– Even if you weren't planning to foot the entire bill for your children's college education, you still might be doing what you can, such as contributing to a 529 education savings plan. If your income was lost, could your family still afford to continue these contributions? With enough life insurance, you can improve the chances that your children will at least get some financial help for college or vocational training.

Helping Your Survivors Pay Off Debts

– Are all your debts paid off? If not, you could be leaving your family on the hook for some of them, such as credit

cards and car loans – not to mention your mortgage. Also, as uncomfortable as it may be to consider it, funeral and burial costs can easily run into the thousands. The proceeds of your life insurance policy can help pay down debts, handle your final expenses and relieve your family of costly burdens.

Helping Your Spouse Build Resources For Retirement

– It's almost impossible for most of us to save too much for retirement. Your spouse may already have some retirement accounts, such as a 401(k) and an IRA, but will these be enough to sustain a long retirement? Through life insurance, you can potentially add significant amounts to your spouse's retirement assets.

As we've seen, you can accomplish a lot with life insurance. But how much do you need?

If you want the appropriate amount of coverage, you should consider a variety of factors. How much do you earn? How much does your spouse earn? How many children do you have? How old are they? How much do you owe on your home? By answering these and other similar questions, you can arrive at a coverage level that's suitable for your needs.

Also, keep in mind that those needs will change. For example, if your children are grown and you've downsized your living arrangements, you may require less insurance than at earlier times in your life.

Life Insurance Awareness Month is a good time to remind yourself of the importance of insurance and of the need to own the correct amount. So, review your coverage soon – after all, you can't predict the future, but you can still prepare for it.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.

Revitalization Project Grant Approved

The Lee Board of County Commissioners recently approved a \$75,000 grant application as part of the North Fort Myers Revitalization Incentives program for a new façade project for Merchants Crossing shopping center in North Fort Myers.

The owner of the center RD Management LLC, plans a \$300,000 capital investment in the façade to:

Accent new entry elements, to create visual interest in the tenant spaces.

Enhance and create visual interest in the overall center by incorporating the coastal "Key West" exterior color palette.

Adjust parapets to create a more varied roofline and better proportions for the building.

The work on the façade is expected to begin before the end of 2018.

The Lee Board of County Commissioners approved the North Fort Myers Revitalization Incentives program earlier this year. This is the first submitted grant application. The program is intended to encourage private sector investment

in sites and buildings that will encourage business retention, attraction and expansion. The work must be completed and verified by the County before the funds are awarded.

Merchants Crossing shopping center is located at 15201 North Cleveland Avenue in North Fort Myers. For more information about the incentive program, contact interim Economic Development Director Pamela Johnson at 338-3161.✪

Manufacturers Group New Logo

Southwest Florida manufacturers now have several ways to connect with the resources they need to grow. The Southwest Regional Manufacturers Association, better known as SRMA, recently unveiled its new logo along with a robust schedule of events for the 2018-19 season that will empower industry professionals to learn, network and develop their businesses.

"We're excited about our new look and lineup of educational and social events geared specifically to manufacturers in the Southwest Florida market," SRMA Executive Director Neil Kagan said. "Together, we can tackle the challenges we

Superior Interiors

Refreshing Details For The Guest Bedroom



by Jeanie Tinch

Having the space to

accommodate guests is so satisfying. Not only does it allow you to help friends and family feel more comfortable while visiting, it also

gives you the opportunity to design and spruce up another room in your home. Making even the smallest adjustments to the guest room can completely transform the space and keep your visitors from ever wanting to leave.

While the idea of refreshing this room can sound intimidating and overwhelming, it certainly doesn't have to be. With a few ideas and assistance, you can make your guest room cozier than ever.

Natural lighting has a way of making a room more calm and serene during the daytime – the ideal atmosphere when you're accommodating guests for days at a time. Reconsider your current selection of window treatments for something with more flow that invites the natural light in with ease. Modern lighting fixtures can elevate a room almost instantly, so you may consider this adjustment for the guest space as well.

Does the bedding arrangement in the guestroom have a headboard? If not, now's the time to reconsider. A headboard makes an appealing feature

in a bedroom, offering personality and style. Take things up a notch and invest in a piece that's functional as well – a headboard with a top shelf can save you space along the bed, a detail that's ideal for smaller guestrooms.

Here are six details you should revamp before your visitors make their next trip to town:

It's natural for guests to feel less comfortable when they're not sleeping in their own beds, so try to make the bedding as cozy and inviting as possible. Offer ample blankets and pillows so that your visitors can adjust the bed based on their personal comfort level.

If the space in your guest room allows it, consider adding more furniture than the bed. A stylish lounge chair can accommodate guests during the daytime when they want to relax, and it adds a hint of flare to the space, elevating the room to the likes of a modern-day hotel.

The walls, floors and hard surfaces of the guest room shouldn't be ignored – bareness can make your guests feel less comfortable during their stay. Add accent decor throughout the space that complements the mood you want to achieve. A stylish area rug can help bring the room together and provide comfort to the feet of your guests. Wall art and table-side accessories can brighten up the room and give your visitors something to talk about.

Do you want to go the extra mile and impress your friends and family? Leave toiletries, snacks, beverages and other treats in a basket at the end of the bed to greet guests upon arrival. This makes the perfect finishing touch that's bound to leave quite an impression.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindecdn.com.

face as manufacturers and drive progress with cooperation, fresh ideas and the tools necessary for success now and in the future."

The SRMA provides the manufacturing community with access to tax breaks, grants, training, marketing and more. Roundtable discussions on issues that affect manufacturers will take place from 8 to 9:30 a.m. on each of the following dates at CareerSource Southwest Florida, 4150 Ford Street Extension, Fort Myers. There is no cost to attend.

September 26 – Hiring Options
October 24 – Lean & Mean

Manufacturing
November 21 – Employment Law
December 19 – Year-end Wrap-up
January 23 – Importing
February 27 – Permitting
March 27 – Protecting Intellectual Property

Other events on the schedule will provide manufacturers with networking opportunities. An After Hours Social is set for October 17 from 5 to 7:30 p.m. at List Distillery, 3680 Evans Avenue, Fort Myers. The cost is \$15 for members and \$25 for non-members.

A holiday party is on the books for December 22, and another After Hours Social is slated for March 20, with the time, location and cost of those gatherings

to be determined.

Additional events, including manufacturing plant tours, will be scheduled as SRMA continues to help local manufacturers leverage the marketplace to their advantage through advocacy, education and cooperation.

Updates and more information are available at www.sрма.net and [facebook.com/swflmfg](https://www.facebook.com/swflmfg). To learn about the benefits of membership, reach Kagan at 560-0052 or neil@srma.net.✪

Republican Women To Meet

Lee Republican Women Federated will hold its October dinner meeting at Pinchers – The Marina at Edison Ford on October 8. The evening begins at 5:15 pm with a social. Dinner and program will follow.

October's speaker will be Lee County Commissioner Cecil Pendergrass. Cost is \$25 to attend. The public is invited.

Pinchers – The Marina at Edison Ford is located at 2360 West First Street in Fort Myers. To RSVP, visit www.leerepublicanwomen.com or contact Wren Morefield at 270-210-1284 or wrenspet@hotmail.com before October 4 at noon.✪

Historic Preservation Board Appointee

The Florida Trust for Historic Preservation recently appointed Mike Cosden, executive vice president at the Edison & Ford Winter Estates, to its board of trustees. In this role, he will support the Florida Trust's mission to promote the preservation of the architectural, historical and archaeological heritage of Florida through advocacy, education and stewardship.

"The Florida Trust is thrilled Mike has joined our organization as a trustee," said Friederike Mittner, Florida Trust Board president. "Mike's expertise at a world class cultural institution will add depth and a great new perspective to our vision."

Founded in 1978, the organization is dedicated to protecting Florida's heritage and history. It has worked to save important sites, such as the Florida capitol, serves as a steward for historic Florida properties and is a partner of the National Trust for Historic Preservation. Participation with Florida Trust will help keep Edison Ford better



Mike Cosden photo provided

connected to the national preservation community and expand efforts to preserve history and culture in Florida.

For more information about Edison & Ford Winter Estates, visit www.edisonfordwinterestates.org.

FSW President To Present On Higher Education

Dr. Jeff Allbritten will present Critical Thinking in Higher Education during Florida SouthWestern State College's (FSW) Critical Thinking Lecture Series at the FSW Thomas Edison campus, Building U-102 on Monday, September 24 at 11 a.m. Additionally, the presentation can be viewed digitally at the FSW Charlotte campus, Building O, Room 116; the FSW Collier campus, Building G, Room 109; and the FSW Hendry/Glades Curtis Center, Building A, Room 114.

Dr. Allbritten's higher education career spans 29 years and three different state university and college systems, including Middle Tennessee State University, Florida State College at Jacksonville, and Broward College in Fort Lauderdale. Prior to becoming FSW's fourth president in 2012, he was president of Macon State College in Georgia.

Since taking the helm as president of FSW, he has worked with his college administrators to bring back athletics in 2016, starting with baseball and softball at City of Palms Park in Fort Myers. A \$5 million gift from Suncoast Credit Union helped launch the construction of Suncoast Credit Union Arena. The arena hosts the Culligan City Classic boy's high school basketball tournament and is a community place



Dr. Jeff Allbritten photo provided

for various events, tournaments, graduation ceremonies and more. He has also expanded international studies with partnerships with colleges and universities around the world, in addition to enhanced research opportunities for faculty and students.

Dr. Allbritten has a special passion for FSW, serving for eight years as president of the Collier campus from 2003 to 2011. Dr. Allbritten holds a doctorate in chemistry from Middle Tennessee State University, a master's degree in mathematics and a bachelor's

continued on page 24

School District Launches New Weekly Podcast

There is a new way to keep up to date on what's happening within the School District of Lee County. All you have to do is listen to the Lee Schools TV weekly podcast. Hosted by Video Production Specialist Adam Wright, the podcast series will cover all aspects of the school district.

The Lee Schools TV podcast is available through Apple Podcasts, iTunes and SoundCloud. Just download one of those apps and follow the School District of Lee County for unique conversations about the school district. The podcasts are posted on Saturday mornings and also accessible on the district website, Facebook page and YouTube channel.

Five episodes are already available. School security was the first topic with Safety and Security Director Rick Parfitt. Food and Nutrition Services Special Projects Coordinator Lauren Couchois sat down with Adam for Episode Two to focus on the free breakfast and lunch offered at school. In Episode Three, student success and graduation was the topic with Graduation Coordinator Shellie Taylor. Executive Director of Operations Marc Mora was the guest for Episode Four about planning for the district's growth and Superintendent Dr. Greg Adkins sat down for a wide ranging discussion in Episode Five.

Future episodes are expected to include school board members, teachers and even students. Topics to be covered include the sales tax referendum,

academics, student achievements and special events.*

School District New Website Easier To Use

The School District of Lee County recently went live with its new and easier to use district website. The launch completes the changeover to School Messenger as the content manager for the district and school websites.

The new homepage has an easy-to-use drop down menu across the top with tabs for Our District, Leadership, District Services, Calendars and Careers. On the side are links to sections dedicated to information For Students, For Families, For Employees and For the Community. Near the middle are new tabs to register for school, view breakfast and lunch menus, find your bus route, learn about safety and security, view the budget, review board meeting agendas and minutes and read the Vision 20/20 plan for the district. At the very top is a search bar, a drop down menu to quickly jump to any school and a way to change the site's language.

Switching to School Messenger is expected to save the district up to \$150,000 over the next three years.*

Dean's List

Fort Myers native Kylie Flynn was named to The Citadel's dean's list for her academic achievements during the 2018 spring semester.*



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Twins' Future Brightens With Stars Of The Fort Myers Miracle League Championship Team



by Ed Frank

Despite the disappointing season of the Minnesota Twins, there is a bright light at the end of the tunnel thanks to two youngsters who were first-round draft picks and led the Fort Myers Miracle to the Florida State League Championship recently.

The Miracle won the championship Monday night by defeating the Daytona Tortugas, three games to one, with an 8-5 victory in the best-of-five series.

Las Vegas oddsmakers don't establish odds for Minor League baseball. If they did, the Miracle would have been long-shots to win the tough Florida State League title.

After finishing near the bottom of the league's south division in the season's first-half, they reversed fortunes in the second-half by winning the south division title on the last day of the regular season.

And then the Miracle swept through the playoffs by defeating the Palm Beach Cardinals two games to none and Dayton three games to one. That's a 5-1 post-season record to gain their second league championship in franchise history, the first since 2014.

Now back to these two stars of the future:

Royce Lewis, the 19-year-old infielder who was the Twins first-round, first overall selection in the 2017 Major League draft, has advanced rapidly in the Twins farm

system, starting last year in the Gulf Coast Twins rookie team, moving up to Low A Cedar Rapids and now on the Miracle where he hit .313.

And then there is outfielder Alex Kiriloff, 21, taken 15th in the first round of the 2015 draft, who went five-for-five in one of the playoff games. Kiriloff missed the entire 2017 season due to Tommy John surgery.

On Monday, the Miracle's Ryan Costello drilled a three-run home run as part of a five-run third inning and teammate Shane Carrier added two RBI on an infield single in a three-run fifth inning for the eight runs. Daytona had jumped out to a 3-0 lead in the second inning on two Miracle errors that led to the three unearned runs. The Tortugas' Ibandel Isabel hit a two-run home run in the eighth inning to close the gap to 8-5, but it was the closest they would come.

With a 65-77 season record and 15-1/2 games behind Cleveland in the American League Central Division at the start of the week, the Twins are certainly a major disappointment this year. And there are rumbles that the new front-office staff of the Twins may want to replace manager Paul Molitor at the end of the season.

Lewis and Kiriloff could play a major role in the future of the Minnesota Twins.

It's always fun when a local team wins a championship, but that's not the purpose of Minor League baseball. The purpose is to develop minor leaguers to become major leaguers.

That's why it's discouraging to local baseball fans to see a favorite player advance to the next level of baseball during a season. But the coming and going of players all season long is the story of Minor League baseball.

Each of the 30 Major League teams have more than 200 players in their farm system – developmental programs that cost each team millions of dollars each year.

And history shows less than 10 percent will ever make it to the "big show."

Congratulations to the Miracle upon winning the league title. But it's doubtful we will see many of the team in a Miracle uniform next year.

That's Minor League baseball.*

Golf Fundraiser For Keep Lee County Beautiful

As part of its continuing effort to protect the environment and improve the quality of life in Lee County, Keep Lee County Beautiful, Inc. will hold its 29th annual GO GREEN Golf Fundraiser on October 19.

The golf fundraiser will take place at The Plantation Golf & Country Club. A scramble format with prizes for the longest drive, putting closest to the pin and more will begin at noon. Preceding the tournament, participants will enjoy a light lunch before heading out on the greens. Following the tournament, participants will be treated to heavy hors d'oeuvres in the Great House dining room. The afternoon will also include opportunities to bid on exciting prizes that include, travel, staycations, rounds of golf and many other items in the silent auction.

All funds raised will help support the many programs organized and implemented by Keep Lee County Beautiful, Inc. including, but not

limited to, Great American Cleanup, 5th of July Cleanup, Arts in Public Schools, International Coastal Cleanup, Monofilament Madness, Recycling Education and many more vital community programs.

Advanced Disposal and Waste Pro have signed on as the event's VIP sponsors. Tournament sponsorships are available from \$150 to \$5,000. Foursome player packages begin at \$500. For more information or to register, visit www.klcb.org.

The Plantation Golf & Country Club is located at 10500 Dartington Drive in Fort Myers. For more information, call the KLCB office at 334-3488.*

Golf Tournament Benefits Habitat For Humanity

For the second year, Verandah Golf Club will host the Golf Fore Homes Tournament to support Habitat for Humanity of Lee and Hendry counties. The four-person, 18-hole scramble will be held Friday, October 26. The day begins with a southern style, low-roasted

luncheon at 11:30 a.m., followed by a shotgun start at 1 p.m. and an awards after-party at 6 p.m.

The golfing experience will include contests along the course, swag bag and raffle prizes. All proceeds will support Habitat's mission and help build affordable housing in Lee and Hendry counties. Registration is \$500

per foursome or \$125 for an individual player. Tournament sponsorships are still available.

Verandah Golf Club is located at 12201 River Village Way in Fort Myers. To register or sponsor, visit <https://app.eventcaddy.com/events/golf-fore-homes> or contact Rachel West at rachelw@habitat4humanity.org.*

SPORTS QUIZ

1. Entering 2018, name the last player to have at least 70 stolen bases in a season.
2. Who was the first National League pitcher to save 50 or more games in a season?
3. Which quarterback holds the NCAA record for most combined yards in a season?
4. Who was the last Milwaukee Bucks All-Star before Giannis Antetokounmpo in 2017?
5. Name the last team before Vegas in 2018 to sweep the Los Angeles Kings in the first round of the NHL playoffs.
6. Before Kyle Busch and Kevin Harvick in 2018, when was the last time that two NASCAR drivers won at least five races each during the first 17 races of the season?
7. In 2018, Roger Federer became the second-oldest male tennis player (36 years, 173 days) to win a Grand Slam when he captured the Australian Open. Who is the oldest to do it?

ANSWERS

1. Boston's Jacoby Ellsbury, in 2009. 2. Randy Myers had 53 saves for the Chicago Cubs in 1993. 3. Texas Tech QB B.J. Symons, with 5,976 yards in 2003. 4. Michael Redd, in 2004. 5. Detroit did it in 2000. 6. Denny Hamlin and Jimmie Johnson, in 2010. 7. Ken Rosewall won the Australian Open in 1972 at the age of 37.

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Celebration For Most Beautiful Hospital

by Jeff Lysiak

After earning the title of the most beautiful hospital in the United States, the staff, volunteers and local supporters of the Golisano Children's Hospital of Southwest Florida are planning to hold a celebration that will include refreshments, entertainment, games, crafts and other activities.

All are welcome to attend the celebration on Friday, September 21 from 5 to 7 p.m. at Golisano Children's Hospital of Southwest Florida, located at 9981 South HealthPark Drive in Fort Myers. Along with hors d'oeuvres and refreshments, the celebration will feature face painters, superheroes, princesses and mascots, animals, games, crafts and live entertainment. Reservations are not necessary and there is no charge to attend.

In July, Golisano Children's Hospital was selected the most beautiful hospital in the country, according to Soliant Health's 2018 list of the 20 Most Beautiful Hospitals in the U.S. Soliant Health, an Atlanta-based healthcare staffing company, conducted a month-long national poll of medical facilities across the United States. After all 262,613 votes were tallied, Golisano Children's Hospital of Southwest Florida appeared at the top of the annual



Golisano Children's Hospital of Southwest Florida

photo provided

rankings.

According to Soliant Health's press release, Golisano's imaginatively-landscaped indoor-and-outdoor gardens and playful multicolored lighting effects across the balconies of its main atrium have helped carry it to the #1 spot. This thoughtful design, created with children and their families in mind, makes Golisano Children's Hospital of Southwest Florida – which received 68,146 votes – one to admire.

The honor is one that everyone at the Fort Myers medical facility considers quite prestigious.

"The community came together to make Golisano Children's Hospital of Southwest Florida a reality, and we are humbled to receive this national honor," said Armando Llechu, chief administrative officer of Golisano Children's Hospital. "This would not have been possible without the support of our entire staff, who work tirelessly to create an environment where the children and their families can feel at home. Thank you to Soliant for the incredible honor, and we look forward to hosting a community-wide celebration in our garden in the coming weeks."

The family-oriented Southwest Florida medical facility – which opened in 2017 – treats more than 25,000 patients annually, contains 128 patient beds, and is the only accredited children's hospital between Tampa and Miami. This recognition marks the fifth time a Lee Health hospital has been named to Soliant's 20 most beautiful hospitals.

Soliant's top 20 most beautiful hospital list also includes Meadows Regional Medical Center (Vidalia, Georgia), Elmhurst (Illinois) Hospital, Riverview Medical Center (Red Bank, New Jersey), Children's Hospital of Pittsburgh of UPMC, PeaceHealth Sacred Heart Medical Center at RiverBend (Springfield, Oregon), Norton Sound Regional Hospital (Nome, Alaska), Mosaic Life Care (Saint Joseph, Missouri), Intermountain Medical Center (Murray, Utah), Huntsman Cancer Institute (Salt Lake City, Utah), Doctors Memorial Hospital (Bonifay, Florida), Flagler Hospital (St. Augustine, Florida), Valley Children's Healthcare (Madera, California), Broughton Hospital (Morganton, North Carolina), Duncan (Oklahoma) Regional Hospital, Marianjoy Rehabilitation Hospital (Wheaton, Illinois), La Rabida Children's Hospital (Chicago, Illinois), Providence Regional Medical Center (Everett, Washington), Cassia Regional Hospital (Burley, Idaho) and Sky Ridge Medical Center (Lone Tree, Colorado).

For more information about Golisano Children's Hospital of Southwest Florida, visit www.leehealth.org/facilities/golisano-childrens-hospital.asp.

Nursing Program Information Session

Hodges University is hosting a free information session for everyone interested in a career in nursing and earning a bachelor of science in nursing (BSN) degree. The session will be held on Hodges' Naples campus at 5

p.m. on Tuesday, September 18.

BSN graduates average an annual salary of \$70,000 in a career that is experiencing a 15-percent growth rate.

Hodges' BSN program is offered during the evenings and on weekend days. Students can complete the program in less than four years.

Hodges' Naples campus is located at 2647 Professional Circle, off Immokalee Road just east of Interstate 75. For more information, call 239-598-6285 or email mvacca@hodges.edu.

From page 15

Symposium

To Health & Happiness

A Special Panel Discussion will address the timely issue of Disaster Resilience, Readiness and Recovery and will be moderated by Jim Farrell, chief meteorologist at WINK News. Panelists will include Jacob Ackerman of SkyLink Data Centers, Amanda Beights of Greater Naples Chamber of Commerce, Jim Larkin of Crowne Plaza Fort Myers at the Bell Tower and Suzanne Specht of the FSBDC at Florida Gulf Coast University.

In addition to the workshops, all attendees will hear from keynote speaker, Matt Keller, lead pastor for Next Level Church. Keller is an accomplished author, speaker and leadership coach who offers valuable insight for businesses, nonprofit organizations and

churches. Keller's talks have covered organizational leadership and growth, communications, marketing and personal leadership. Next Level Church, which now has locations in Fort Myers, Gateway and Bonita Springs, has been recognized as one of the nation's fastest-growing churches.

Yvonne Conte will be the special opening kick-off speaker. The corporate culture expert, keynote speaker and author has attracted clients such as Xerox Corporation, Time Warner, AT&T and over 700 other leading organizations. Her publishing credits include over 358 articles and essays and six books.

Tuition for this professional development day is \$149 which includes lunch.

The Sanibel Harbour Marriott Resort & Spa is located at 17260 Harbour Pointe Drive in Fort Myers. Registration and more information are available at www.fortmyers.org.

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SRMA After Hours Social At Brewery

Several dozen manufacturers attended the Southwest Regional Manufacturers Association (SRMA) After Hours Social at Palm City Brewing Company in San Carlos Park recently. Southwest Florida manufacturing professionals connected with regional manufacturers and expanded their resource network. Attendees also took a tour of the brewery to see how beer is manufactured. The SRMA links manufacturers with a highly skilled workforce, helps them stay up to date with the latest technology, and promotes the business of manufacturing. The association regularly organizes informational workshops, symposiums and other activities like the After Hours Social to engage members and enhance their benefits.✪



Cindi Trombley and Henrik Margard of Nor-Tech High Performance Boats photos provided



Dan Miller of Naples Signarama and Kevin Brady with SBDC



John Koepke and Gary McKinley of Craters and Freighters



From left, Konstantin Ryabov, Christian Smith and Jeff Poirier of AXI International with Robert Ferris of Pelican Wire



From left, Dana Brunett with SBDC, Doug Gyure of S4J and Karen Moore of Southwest Florida Business Today



From left, Lori Clifford from Roetzel & Andress, Connie Ramos-Williams of CONRIC PR & Marketing and Kimberly Donnelly of Charlotte State Bank

Omega Family Health Forum Set For September 15

The annual Omega Family Health Forum, presented by 21st Century Oncology, will be held at Dunbar High School on Saturday, September 15 from 9 a.m. to noon. The pre-event presentation on HPV disease and vaccine updates will be conducted by Dr. Denise Drago, a pediatrician with Lee Physician Group, in the Dunbar High School Auditorium at 8 a.m.

The forum is held in collaboration with Lee Health and Omega Youth and Community Development Foundation. It provides free health screenings and health awareness and prevention education for the entire family, including:

- Cancer screenings – prostate, colon and breast self-exam instruction
- Children’s health
- Women’s health
- Asthma/chronic obstructive pulmonary disease (COPD)
- Diabetes – glucose testing
- Blood pressure
- Sleep disorders
- Smoking cessation programs
- sexually transmitted disease (STD) testing
- HIV testing

Visible skin screening
 Memory screening
 Vision and hearing screenings
 Additionally, there will be a food bank on-site distributing groceries. Attendees are asked to bring reusable shopping bags or a box to carry their food.

Dunbar High School is located at 3800 Edison Avenue in Fort Myers. For more information, call 343-8379.✪

Group To Sponsor Blessings In A Backpack

Alliance Financial Group recently announced they will be sponsoring Blessings in a Backpack to feed hungry children in Southwest Florida by hosting a charity event at their Fort Myers location on Thursday, September 27 from 3 to 5 p.m.

At the National Blessings Day event, bags will be filled with kid-friendly, ready-to-eat items providing food for children in need every weekend for an entire year. Alliance Financial Group welcomes everyone to assist with the process, witnessing the direct impact Blessings in a Backpack has on Southwest Florida children.

Approximately 13 million children across the United States do not have

consistent access to food. 1.1 million of those children live in Florida. In the 10 years working with Lee and Collier County, there has been a tremendous improvement regarding test scores, general health and attendance. Alliance Financial Group intends on continuing their support as well as being an active partner in this movement.

For more details on how to help, visit www.afgfl.com/events.✪

From page 1 Blues Challenge

Blues & Jazz Festival, which will be held on Sunday, November 4. Headlined by Louisiana Music Hall of Fame inductee Kenny Neal, a three-time Grammy Award nominee, the all-day festival will include guitarist JP Soars, The Marty Stokes Band, Johnny Jensen and the FGCU Jazz Ensemble.

Jensen, currently a high school freshman at Canterbury School in Fort Myers, said he is looking forward to taking part in the highly touted blues competition in January, and feels incredible honored to represent the region where he’s grown up.

“It’s the best blues music and the best blues musicians from all over the world,” he said with excitement. “The talent that’s going to perform at that showcase is ridiculous.”

This past June, Jensen had the opportunity to perform at two music

venues in Nashville, taking the stage at Douglas Corner Café and Brown’s Diner. There, he met several industry representatives who expressed an interest in his music. He also played alongside Bryan Lee, the legendary blind guitarist known as “The Braille Blues Daddy.”

“(Lee) said ‘Who’s that on stage with me?’” Gina Jensen recalled from the moment her son shared the stage with the Bourbon Street icon. “Because I’m liking what I’m hearing.”

In addition to January’s International Blues Challenge show, Jensen is also looking forward to the upcoming release of his first album, titled *What I Call Me*. The five-song EP will be available on September 10 at his live performances and via music service platforms, including Amazon, iTunes and Spotify.

On Saturday, September 22, Jensen will be performing at Jensen’s Twin Palm Cottages & Marina, located at 15107 Captiva Drive. He will take the stage around 5 p.m. For additional information, visit Johnny Jensen Music on Facebook.

“If he stays focused, Johnny’s really going places,” added Stokes. “It’s a great opportunity for him to brush elbows with some incredible blues musicians.”

The Marty Stokes Band will be performing at George & Wendy’s Sanibel Seafood Grille, located at 2499 Periwinkle Way, on Friday, September 21 at 9 p.m. For more information, visit www.martystokesband.com.✪

Preparedness Month Tips For Your Household

September is National Preparedness Month, the perfect time to get your household ready for an emergency. The American Red Cross Southern Gulf Chapter urges everyone to make sure they are prepared for a disaster and not wait until an emergency occurs and it's too late.

"This is the time of year when large disasters like hurricanes, floods and wildfires can happen," said Jill Palmer, executive director of the Southern Gulf Chapter. "You and your family should take steps now to be ready if an emergency occurs and make sure all members of your household know what to do."

Be Ready To Evacuate – Whether the emergency is a home fire or something bigger like a hurricane, the situation may force you to leave your home. There are 10 steps you can take now to be prepared if the emergency makes it unsafe to remain at home:

1. Follow the instructions of officials and evacuate if told to do so;
2. Leave early enough to avoid being trapped by severe weather;
3. Remember you may have to get out on foot depending on the type of disaster. If you don't have a car, or can't use your vehicle, plan on how you will leave the area;
4. If you have a car, keep the gas tank full if an evacuation order is possible. Don't let the tank go below half full in case gas stations are unable to pump gas;
5. Decide where you would go and what route you would take to get there. This could be a motel, the home of a friend or relative a safe distance away, or an evacuation shelter. Download the free Red Cross Emergency App to find shelter information and weather and emergency alerts for more than 35 different situations;
6. If you have time, let someone out of the region know you are evacuating

and where you are going. Leave a note saying when you left and where you plan to go;

7. Wear sturdy shoes and clothing that provides some protection;

8. Be alert for road hazards such as downed trees, flooding, etc. Do not drive onto a flooded road;

9. Practice evacuating your home twice a year. Grab your emergency kit and drive your planned evacuation route. Include an alternate route in a different direction in case one is impassible. Make sure you have locations and maps saved on devices such as cell phones and GPS units and on paper;

10. Don't forget your pets. If it's not safe for you to stay home, it's not safe for them either. Prepare a phone list of pet-friendly motels and animal shelters located along your evacuation route. Keep in mind only service animals are usually allowed in shelters.

Getting prepared is easier than it sounds. There are three basic steps:

Get A Kit – Pack the following items in an easy-to-carry container: a gallon of water per person, per day; non-perishable food; flashlight and hand-crank or battery-powered radio; extra batteries; sanitation and personal hygiene items; copies of important papers; extra cash and any medical or baby supplies family members may need. See full details at www.redcross.org/get-help/how-to-prepare-for-emergencies/survival-kit-supplies.html.

Make A Plan – Have all members of your household help devise your emergency plan. Consider what emergencies could happen where you live; what to do if you are separated and how will you let loved ones know you are safe.

Be Informed – Learn what disasters are common to your area. Find out how local authorities will let you know an emergency is happening. Make sure at least one household member is trained in first aid and CPR in case help is delayed during a disaster. You can also download the Red Cross First Aid App at www.redcross.org/apps to have instant access on how to handle common first aid emergencies.✱

Chef Night Raises More Than \$150K For Cancer Fund

The 15th annual Rumrunners Celebrity Chef Night held on August 15 was a success, raising more than \$150,000 for Barbara's Friends – Golisano Children's Hospital Cancer Fund. Since 2003, the Celebrity Chef Night event has raised nearly \$1.5 million to support the advancement of programs and lifesaving care for children receiving cancer care at Golisano.

The culinary event at Rumrunners in Cape Coral featured a Give-to-Give cash call, live and silent auctions, a champagne toast with prize of a custom designed necklace by award-winning Mark Loren Designs, as well as cocktails and fine culinary creations by Southwest Florida celebrity chefs

Chef Todd Johnson and Chef Ralph Centalanza from Rumrunners at Cape Harbour, Chef Harold Balink of Harold's, Chef Andy Hunter of The Clawbar, Chef Bob Boye from Cru, and Chef Norman Love from Norman Love Confections. The highly anticipated auctions raise more than one third of dollars raised each year. This year guests who could not attend arranged to bid over phone lines with one donor contributing \$16K supporting the mission from a distance.

Special thanks go to this year's major sponsors: Century 21 Sunbelt, Truline, Jason's Deli, HCCS, Physicians Primary Care of Southwest Florida, Siesta Pebble, Scanlon Auto Group, Texas Roadhouse, Boater's Landing, Cat Country 107.1, and Epic.

For more information about Barbara's Friends and supporting child patients in your community, call Lee Health Foundation at 343-6950 or visit www.barbarasfriends.org.✱

Doctor Joins Physicians' Primary Care

Dr. Ashley M. Clark has joined Physicians' Primary Care of Southwest Florida as a family medicine physician.

Dr. Clark earned her doctor of medicine degree from Drexel University College of Medicine in Philadelphia, Pennsylvania, and her bachelor of science degree in biochemistry and molecular biology at John Carroll University in University Heights, Ohio.

Her residency was completed at the Florida State University Family Medicine Residency Program at Lee Health in Fort Myers, where she was co-chief resident and served on quality improvement projects relating to diabetes and falls in the elderly. She also received Patient Centered Medical Home training.

Dr. Clark is a member of the Lee County Medical Society, American Academy of Family Physicians, the Florida Academy of Family Physicians and the American Medical Association.

Dr. Clark will see patients at the Fort



Ashley Clark photo provided

Myers Family and Internal Medicine office at 7381 College Parkway.

For more information, visit www.ppcswfl.com.✱

Family Care Council Hosts Awareness Event

The Family Care Council Area 8 will host a 25th anniversary and Community Awareness event at the Fairfield Inn & Suites by Marriott on Tuesday, September 18 from 6:30 to 8:30 p.m.

Michael Taylor, Agency for Persons with Disabilities (APD) deputy regional operational manager, and Brian Rothey, APD liaison, will provide an update on issues important to area families. A local waiver support coordinator will give a brief presentation on person-centered planning. Our Voices Together Florida Coalition will give an update on their efforts to increase awareness and create a community for all that support individuals with disabilities. Current goals of the coalition include an increased budget for individuals with disabilities; increased rates for services, and more accessible and affordable transportation options. The event is sponsored by APD Cares, Goodwill Industries of Southwest Florida, LARC and Community Resource Network of Florida.

The mission of the Family Care Council Florida is to educate, advocate, and empower individuals with developmental disabilities and their families, partnering with APD, to bring quality services to individuals with dignity and choice. The council was created in 1993 by the Florida Legislature in each service area of the Agency for Persons with Disabilities to

advise the agency, develop a plan for the delivery of family support services within the local area, and monitor the implementation and effectiveness of services and supports provided under the plan.

While APD has the responsibility for the welfare and dignity of individuals with developmental disabilities, the Family Care Councils are governor-appointed volunteers who advocate for people with developmental disabilities and their families. There are 15 councils throughout Florida, each is made up of 10 to 15 members that reflect the geographic area, the disabilities, ethnicities and ages served by APD. The membership is comprised of individuals with developmental disabilities, parents, siblings, grandparents and guardians of people with developmental disabilities who qualify for APD services.

The Area 8 Council serves Charlotte, Collier, Glades, Hendry, and Lee counties and partners with other local organizations and partner to provide community forums and events to benefit individuals with developmental disabilities and their families. Meetings are held the third Tuesday of each month at 6:30 p.m. at The Center for Independent Living, 7011 Cypress Terrace suite 103, in Fort Myers.

The Fairfield Inn & Suites by Marriott is located at 7090 Cypress Terrace in Fort Myers. For more information about the 25th anniversary event or Family Care Council Area 8, visit www.fccflorida.org or contact Patricia Oglesby, chairperson, Area 8 Family Care Council at 1-800-470-8101 or patriciaaoglesby@aol.com.✱

dearRPharmacist

Amazing Health Benefits Of Prunes



by Suzy Cohen, RPh

Dear Readers: Almost everyone knows what prunes are for, they help you get going! Your parents probably kept them in the cabinet, and offered them to you when you were a kid.

Prunes are actually just dried plums, and they're fruits of the tree species *Prunus domestica*, hence the name. Speaking of names, which would you rather eat? Prunes which help with bowel function, or "dried plums?" Honestly, which sound more palatable?! For purely marketing reasons, the name was changed, which offered mass appeal.

What they couldn't change was how shriveled up and sticky these guys are when you eat them. But don't let that hinder you because prunes have been scientifically proven to help soften stools and induce a laxative type effect due to their sorbitol content. Prune juice will not work because the actual fruit provides the fiber, juice does not. Do prunes have other medicinal benefits? Yes, surprisingly important ones too.

Bones

Prunes have been shown in multiple studies to prevent, and even reverse, bone loss in post-menopausal women. They're good for osteoporosis. Prunes work by suppressing the rate of bone turnover. In fact, prominent researchers wrote an article in the *British Journal of Nutrition* and after studying the fruits, they have come to the conclusion that prunes are "the most effective fruit in both preventing and reversing bone loss."

Blood Vessels

A placebo-controlled trial out of

Pakistan showed that eating just one serving of prunes each day could significantly lower blood pressure in hypertensive patients. Those who ate the prunes had a reduction in both their systolic and diastolic blood pressure (top and bottom numbers).

Brain

Eating prunes might preserve your brain. In an animal model study, feeding rodents an extract of plums helped to maintain their cognitive function. Not only was their memory recall improved, there was less formation of beta amyloid plaques, which are the same damaging protein found in patients with Alzheimer's disease.

Even if everything is "moving right along" in your life, consider adding prunes to your diet if only to help you with blood pressure regulation, bone health and memory. It's mind-blowing to think such a simple thing could help so much. As a pharmacist, I see no risk to this, and only benefit. But, of course, don't eat too many prunes or you'll get diarrhea.

If you're constipation is due to opiate usage (such as oxycodone or hydrocodone), then this would require an OTC medication such as MiraLAX. The prunes are fine, but will not be enough. If your constipation is secondary to hypothyroidism, prunes will not be enough. You will need thyroid medication. I have written about this extensively on my website.

Prunes would be fantastic on a salad. Or just eat them whole. Recipes exist everywhere including my website, where I also have a longer version of this article posted. If you simply can't stand prunes, then plums are a great alternative. Plums contain the same anthocyanins that prunes do, and they are even juicier.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

MD, MBA, Lee Health president and CEO. "As we continue to transform our processes to deliver high-quality, patient-centered care, we look to our 'high performing' areas for inspiration and leadership."

The annual *U.S. News Best Hospitals* analysis reviews facilities' performance in clinical specialties, conditions and procedures. Scores are based on several factors, including patient safety, survival and nurse staffing. Hospitals are ranked nationally and regionally within states and major metro areas.

The annual ratings in procedures and conditions focus on Medicare patients. *U.S. News* profiles and evaluates every hospital in the American Hospital Association's Annual Survey Database. In 2018, *U.S. News* evaluated data on nearly 5,000 hospitals, nearly all inpatient facilities in the country, in 16 adult specialties, nine adult procedures and conditions and 10 pediatric specialties. Only 10 to 20 percent of hospitals were rated High Performing in each of the specialties, procedures and conditions evaluated.✱

Doctor and Dietician

NSAIDs And Joint Injuries



by Ross Hauser, MD and Marion Hauser, MS, RD

Are NSAIDs (nonsteroidal anti-inflammatory drugs) helpful for joint injuries? Anything that decreases inflammation is detrimental to the healing process with regular use. NSAIDs, for example, should only be prescribed when inflammation is the true cause of the problem. In the case of soft tissue injury, inflammation is the solution for the problem. Patients are often prescribed NSAIDs, immobilized with a brace or boot, or told to rest the joint for weeks, to try and heal a sprain or other injury. Nothing could be worse for the articular cartilage of our joints. The articular cartilage can only receive nourishment from the synovial fluid when it is pushed into the joint by weight-bearing and loading. The

cartilage has no blood supply of its own. Moving, exercising and loading the joint will allow the nourishment to get into the articular cartilage and the waste products to get out. NSAIDs and immobilization have a destructive effect on cartilage in the long-term.

What about swelling? Joint swelling indicates that the joint is unstable. The injured person has two choices: change the chemistry that is causing the joint swelling or treat the cause of the joint instability. Medication is a temporary solution that changes the chemistry by blocking the substances that cause the swelling. However, since NSAIDs don't stop the underlying disease process, the joint instability is never resolved. With the body's protective mechanisms of pain and swelling gone, the person puts too much pressure on the joint, creating a vicious cycle of further injury and degeneration until the joint is destroyed and a joint replacement is eventually recommended.

The preferable option to the destructive NSAID cycle is to repair soft tissue injuries with regenerative treatments, like prolotherapy, that are designed to alleviate pain by resolving the underlying joint instability and stop cartilage deterioration.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@carimgmedical.com.✱

Lee Health Hospitals Rated High Performing

Lee Memorial Hospital and HealthPark Medical Center earned recognition as a 2018 Best Regional Hospital, ranking No. 12 in Florida out of 250 hospitals evaluated by *U.S. News & World Report*. The hospitals (combined) earned High Performance ratings in six medical procedures and conditions, including chronic obstructive pulmonary disease (COPD), heart failure, hip replacement, knee replacement, lung cancer surgery and heart bypass surgery. The ranking is two spots ahead of 2017.

Cape Coral Hospital and Gulf Coast Medical Center earned High Performance ratings in COPD and heart failure.

"This recognition from *U.S. News & World Report* demonstrates Lee Health's commitment to being a national leader for the advancement of health and healing," said Larry Antonucci,

Learn How To Begin A Career In Health Care

Fort Myers Technical College, Cape Coral Technical College, Lee Health, Cypress Cove, Hope Healthcare and CareerSource Southwest Florida – all FutureMakers Coalition partners – are teaming up to hold an informational event for prospective students to learn about careers as certified nursing assistants (CNA) and medical assistants (MA). The event will be held at Fort Myers Technical College on Thursday, September 27 from 5:30 to 7 p.m.

Anyone interested in getting a start with a career in healthcare is encouraged to attend. The goal is to find interested students and help them get their tuition and related fees paid for so that they are ready for a new career in just one year.

Careers in healthcare continue to be in high demand and certified nursing assistants and medical assistants benefit from tremendous opportunities with leading organizations that offer competitive wages as well as benefits such as insurance, vacation and tuition assistance for continuing education.

Representatives and recruiters

from Lee Health, Cypress Cove, Hope Healthcare, FMTC and CCTC will be on hand to discuss MA and CNA qualifications, tuition assistance and scholarship opportunities with prospective candidates.

The FutureMakers Coalition's goal is to transform our workforce by increasing the number of Southwest Florida residents with degrees, certificates and other high-quality credentials by the year 2025.

Fort Myers Technical College is located at 3800 Michigan Avenue in Fort Myers.✱

From page 19

Higher Education

degree in chemistry, both from Murray State University.

The FSW Critical Thinking Lecture Series features college and community leaders who discuss how they use critical thinking skills in their profession or focus on critical topics from their area of career or academic interest. The series is free and open to the public. Presentations take place weekly, and the fall series runs September through November.

For more information, contact Whitney Rhyne, director, Strategic Initiatives, at 433-6943 or whitney.rhyne@fsw.edu.✱

PETS OF THE WEEK

photos provided

PAWS Of Sanibel

Matilda And Sasha

Hi, my name is Matilda. My foster mom calls me Tilly for short. I'm about a year old and was found in the area of East Lake Road, off Casa Ybel Road. Some kind people took me in. The lady from PAWS took me over to Coral Veterinary Clinic in Fort Myers to have them look me over. I have been combo-tested (negative), had FVRCP and rabies immunizations, was treated for fleas and will be spayed this month. I did not have a microchip. PAWS was not able to find my people, and I am now available for adoption. My foster mom loves cuddling with me. She says I'm such a sweet girl



Matilda

and someone will be very lucky to have me.

Hello, I'm Sasha. I was picked up on Airport Road off Casa Ybel by the Sanibel Police after a call from a local resident. I am approximately 1 to 2 years old, have no microchip and am a tan/black tabby. I am very sweet and gentle and am now in a foster home. My combo test for FIV/FelV/Heartworms was negative. I have been given immunizations for FVRCP, FelV, rabies, and given a heartworm and flea preventive. I will likely be spayed this month. Please consider giving me a forever home.



Sasha

These young cats are extremely sweet and well-behaved. If you are interested in adopting one or both of these beautiful girls, call Pam at PAWS, 472-4823.*

Haven on Earth Animal League

Charlie Brown And Paige

Hi! I'm Charlie Brown. I am a handsome, 4-year-old male tabby with a very sweet personality. I am looking for a quiet home with someone who wants to give me lots of affection. I'm currently living with a foster family. I have been fully vetted and brought up to date on all vaccines. My adoption fee is \$75.



Charlie Brown

Hello, I'm Paige.

I am a beautiful, calico female kitty, not even 2 years old. I am very affectionate, and I even get along with friendly dogs. I have been fully vetted and brought up to date on all vaccines. I tested positive for FIV, but I'm told that I can still live a long, happy life once I find my forever home. I am currently staying with a foster mom and am not real crazy about the other cats in the house, so I would like to be an only cat. My adoption fee is \$75.



Paige

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.*

Lee County Domestic Animal Services

Jack And Cori

My name is Jack and I'm one of the oldies but goodies, about 8 years old. Don't let my age fool you, I still act like a teenager. I'm a petite 12 pounds and super well-mannered. I will sit for a treat and wait patiently for you to give it to me. I am a gentle soul that recently attended an event and got along well with the other dogs of all ages. The best part of my "senior" status is, if you are also of a senior status, my adoption fee is waived.



Jack ID# A752177

not at all happy about being here, but I quickly changed my tune and both my sister and I are now staff favorites. I am definitely more spirited and will have no problem letting you know what I want and when. I have become quite the cuddle bug when I am in the mood. My adoption fee is \$10.

Cats and kittens are two-for-one; adopt one and you can take home a feline friend at no additional charge. The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.lee.gov/animalservices or call 533-7387.*



Cori ID# A750789



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: press@riverweekly.com

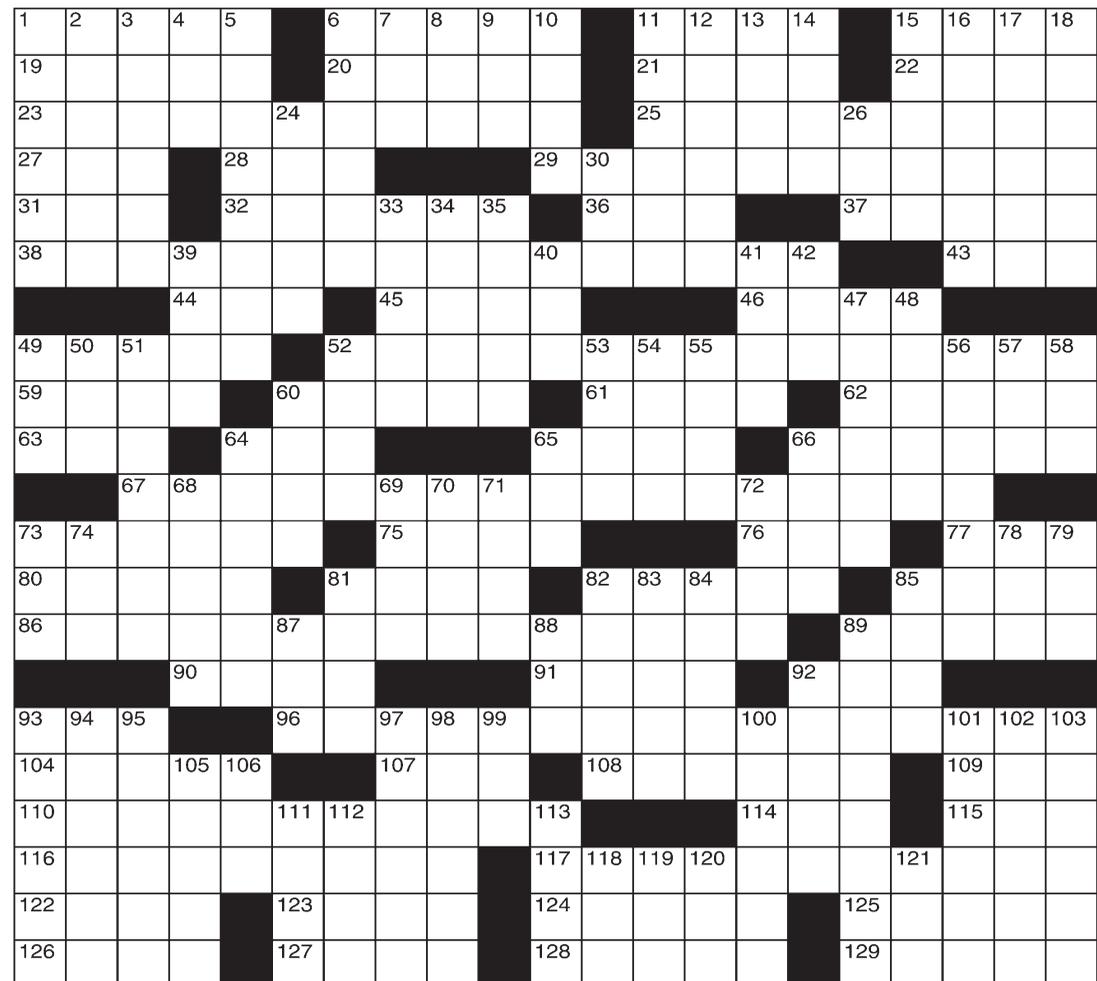
PUZZLES

Answers on page 29

Super Crossword

"I MISS YOU GUYS"

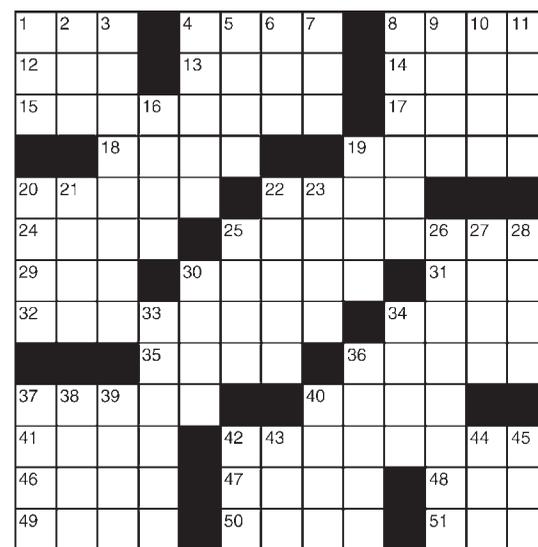
- ACROSS**
- 1 After, in Paris
 - 6 Paparazzi target
 - 11 Speedy
 - 15 Close loudly
 - 19 Instant replay mode
 - 20 St. Teresa's town
 - 21 Guthrie of folk music
 - 22 Snow beast of legend
 - 23 Frenetic cartoon marsupial [#1]
 - 25 Banging, as a drum
 - 27 Bread type
 - 28 Caviar eggs
 - 29 It's not currently erupting [#2]
 - 31 — distance
 - 32 Capital of Kazakhstan
 - 36 Kia model
 - 37 Fragrant compound
 - 38 "Just name it and I'll do it" [#3]
 - 43 Zine staff
 - 44 Sarcastic laugh sound
 - 45 Dust bit
 - 46 Direction of sunup
 - 49 Real guy?
 - 52 House-building charity [#4]
 - 59 Shouts from cheerleaders
 - 60 Recording studio control
 - 61 Watch control
 - 62 Concave tummy part
 - 63 Sauna spot
 - 64 — tai (mixed drink)
 - 65 Hive group
 - 66 "Sorority Row" actress
 - 67 Annual Evigan publication of Benjamin Franklin [#5]
 - 73 Jonathan Swift's genre
 - 75 Ark crafter
 - 76 Egg case qty.
 - 77 Prefix with con
 - 80 Her "Hello" was a big hit
 - 81 Horror film helper
 - 82 Composer Franz
 - 85 Singer Baez
 - 86 What a green card grants an alien [#6]
 - 89 Dated yet trendy
 - 90 Be a vagrant
 - 91 "Othello" baddie
 - 92 "No kidding!"
 - 93 — -jongg
 - 96 Available again because folks asked for it [#7]
 - 104 Not silently
 - 107 August sign
 - 108 Old office note-takers
 - 109 Ending with ethyl
 - 110 Classic song by Rodgers and Hart [#8]
 - 114 Platform that runs on Apple devices
 - 115 Audiophile's stack
 - 116 Certain shore area
 - 117 1988 film about an old baseball scandal (and what this puzzle has?)
 - 122 Bakery tool
 - 123 Brother of Cain
 - 124 Comic Anderson
 - 125 Passover dinner
 - 126 Cruel emperor
 - 127 Simple
 - 128 Bulges
 - 129 Not well-kept
 - DOWN**
 - 1 Wandering
 - 2 Seek the approval of
 - 3 Capital of Dominica
 - 4 Record label for Bowie
 - 5 Take off from a high nest, as an eagle
 - 6 Academy students
 - 7 Mother of Cain
 - 8 Ullmann or Tyler of film
 - 9 Yale athlete
 - 10 Dis-tressed?
 - 11 Cloth
 - 12 "Am not!" reply
 - 13 Serb, say
 - 14 Pooch in Oz
 - 15 Matches up, as files
 - 16 Papal envoy
 - 17 Paid (for)
 - 18 Tweens, e.g.
 - 24 Army denial
 - 26 Sicile, e.g.
 - 30 Suffix with access
 - 33 Sportscaster — Rashad
 - 34 Weeper in myth
 - 35 Not lifeless
 - 39 Letters that follow pis
 - 40 Converged
 - 41 Tabby sound
 - 42 — es
 - 47 City in Iran
 - 48 Tennis top
 - 49 Wifely title
 - 50 Ceiling
 - 51 Book division
 - 52 Brow or lash
 - 53 Say for sure
 - 54 With 56-Down, entwined like shoelace ends
 - 55 Own (up)
 - 56 See 54-Down
 - 57 With 78-Down, tone deafness
 - 58 Pro's vote
 - 60 Cost to cab it
 - 64 Singer Rita
 - 65 Scornful cry
 - 66 Dark mark
 - 68 Gulf ship
 - 69 Playwright William
 - 70 Pigeon calls
 - 71 Spy Mata —
 - 72 Timber tool
 - 73 Syrup base
 - 74 Sugary drink
 - 78 See 57-Down
 - 79 1969 Beatle bride
 - 81 "— la Douce"
 - 82 Lutzes, e.g.
 - 83 Bar of gold
 - 84 Range
 - 85 Taunt
 - 87 Eatery check
 - 88 Handy-andy's inits.
 - 89 Evaluate anew
 - 92 Low spirits
 - 93 Remit, say
 - 94 — -Lorraine
 - 95 Schnozz
 - 97 Maker of an exact copy
 - 98 Brewing pot
 - 99 "Sk8er —" (2002 hit)
 - 100 Merges
 - 101 Crack, as a cipher
 - 102 Provided, as with talent
 - 103 "— Rides Again" (old Western)
 - 105 In — (not yet born)
 - 106 "What's the —?"
 - 111 Trolley car
 - 112 Caftan, e.g.
 - 113 Jail division
 - 118 Debt doc
 - 119 Chewed stuff
 - 120 Not square
 - 121 Once named



King Crossword

ACROSS

- 1 Handle roughly
- 4 Dog bane
- 8 Back talk
- 12 Past
- 13 Peruse
- 14 Clarinet's cousin
- 15 Mansion staff
- 17 Smolder
- 18 Catches some rays
- 19 Playful water critter
- 20 Moral standard
- 22 Own
- 24 Destroy
- 25 Peace
- 29 Inseparable
- 30 Permanent inmate
- 31 "Golly!"
- 32 Snakes
- 34 Chew away (at)
- 35 Gross
- 36 Dentist's suggestion
- 37 Coarse
- 40 Funeral stand
- 41 Sea flier
- 42 Pepper or York
- 46 Kill a bill
- 47 Hexagonal state
- 48 Fresh



- 49 Anytime now
- 50 Huff and puff
- 51 As well
- 10 A few
- 11 Palm reader, maybe
- 16 Futile
- 19 Finished
- 20 Love god
- 21 Melody
- 22 Substantial
- 23 War god
- 25 Go under
- 26 Unknowing
- 27 Earl Grey and kin
- 28 Some evergreens
- 30 Poland's Mr.
- 33 Urban bird
- 34 Merriment
- 36 Battle
- 37 Guns the engine
- 38 Black-and-white snack
- 39 "Do — others ..."
- 40 Cereal choice
- 42 Dine
- 43 Greek vowel
- 44 Keanu, in "The Matrix"
- 45 Pair

DOWN

- 1 — de deux
- 2 Census statistic
- 3 More deserving
- 4 Swiss money
- 5 Periscope part
- 6 Dine on
- 7 Billboards
- 8 Cushion
- 9 Touch

MAGIC MAZE ● TOP COFFEE-CONSUMING COUNTRIES

I G D A I X V S P N K C I F C
 A X V S Q T O L J B A H E C A
 X V T R P N A B D N O L J H F
 D N E T H E R L A N D S B Y C
 X M V T C A C D Y I A K N R R
 P O U E Z M A N N A R L K I O
 I G E I E D B Z A A W T E X A
 W R L U G T R Q M R L R S C T
 G O N L J L I N R G F N O U I
 F D C A Y N E D E W S X I N A
 W V T S R D P B G O N L K F J

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Austria
- Croatia
- Germany
- Netherlands
- Belgium
- Denmark
- Greece
- Norway
- Brazil
- Finland
- Iceland
- Sweden
- Canada
- France
- Italy



"I'm sorry, but the government doesn't let you deduct for depreciation on _____." answer on page 30

SCRAMBLERS

Unscramble the CAPITAL letters below to form four ordinary words. Then rearrange the boxed letters to form the mystery word to complete the gag!

Close
BRANEY

Search
FARGOE

Pop
STURB

Mislead
DUELED

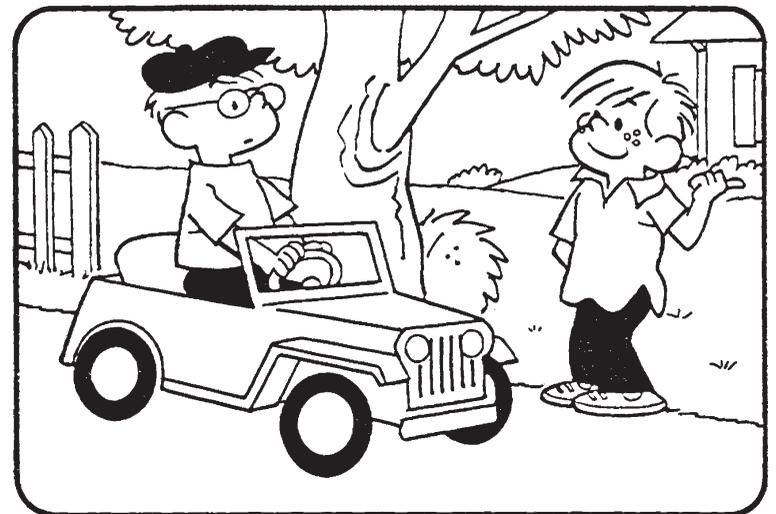
TODAY'S WORD

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Fence is shorter. 2. Cap is reversed. 3. Car door is missing. 4. House is missing. 5. License plate is missing. 6. Shirt is different.

	9		6	3		7		
		3			2		4	1
8	2			1		5		
2				7	3		8	
	6		1			3		7
3		7			6		9	
9		1			8			5
		6	3			2	1	
	4		7	9				6

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29



Snapper and Shrimp Scampi

- 3 tablespoons olive oil
- 3 tablespoons butter
- 4 cloves garlic, minced
- 3 shallots, minced
- 1 tablespoon capers
- 1 tablespoon pimento, diced
- 1/2 cup white wine
- 1/2 cup bottled clam juice
- 1/2 teaspoon coarse ground black pepper
- 4 six-ounce snapper fillets
- 1/2 pound medium shrimp, peeled and deveined
- 1/2 cup fresh parsley, minced
- Sea salt to taste

12 ounces vermicelli or angel hair pasta, cooked

Heat the oil and butter in a large sauté pan. Add garlic and shallots and sauté for two minutes over low heat, stirring often. Raise heat to medium, add capers, pimento, wine, clam juice and pepper; simmer for two minutes. Add filets and simmer over medium-low heat for about five minutes. Add shrimp, spreading them evenly over the skillet; simmer for three minutes until filets and shrimp are cooked through. Stir in parsley; add salt to taste. Place filets and shrimp on pasta on individual plates. Spoon scampi sauce over all and serve.

Yield: six servings.✪



Snapper and Shrimp Scampi

photo courtesy Fresh From Florida

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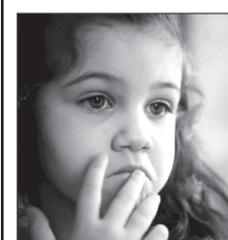
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THE RIVER
WEEKLY NEWS
FROM THE BEACHES TO DOWNTOWN FORT MYERS



Harry Chapin Food Bank
OF SOUTHWEST FLORIDA



FRIDAY
Mostly Cloudy
High: 88 Low: 81



SATURDAY
Sunny
High: 89 Low: 82



SUNDAY
Sunny
High: 84 Low: 77



MONDAY
Few Showers
High: 87 Low: 80



TUESDAY
Sunny
High: 84 Low: 77



WEDNESDAY
Partly Cloudy
High: 83 Low: 76



THURSDAY
Mostly Cloudy
High: 85 Low: 74

Redfish Pass Tides

Day	High	Low	High	Low
Fri	4:07 am	11:02 am	5:58 pm	10:24 pm
Sat	4:43 am	12:07 pm	7:26 pm	10:55 pm
Sun	5:26 am	1:21 pm	9:28 pm	11:39 pm
Mon	6:23 am	2:40 pm	11:08 pm	None
Tue	7:44 am	1:07 pm	11:55 pm	3:51 pm
Wed	9:16 am	2:55 am	None	4:49 pm
Thu	12:26 am	4:12 am	10:31 am	5:35 pm

Point Ybel Tides

Day	High	Low	High	Low
Fri	3:12 am	11:04 am	5:03 pm	10:26 pm
Sat	3:48 am	12:09 pm	6:31 pm	10:57 pm
Sun	4:31 am	1:23 pm	8:33 pm	11:41 pm
Mon	5:28 am	2:42 pm	10:13 pm	None
Tue	6:49 am	1:09 am	11:00 pm	3:53 pm
Wed	8:21 am	2:57 am	11:31 pm	4:51 pm
Thu	9:36 am	4:14 am	11:55 pm	5:37 pm

Punta Rassa Tides

Day	High	Low	High	Low
Fri	4:48 am	11:24 am	5:50 pm	11:23 pm
Sat	5:21 am	12:06 pm	6:31 pm	11:50 pm
Sun	5:50 am	12:56 pm	7:16 pm	None
Mon	6:18 am	12:13 am	8:05 pm	1:58 pm
Tue	6:48 am	12:22 am	9:00 pm	3:02 pm
Wed	7:36 am	12:19 am	10:12 pm	4:05 pm
Thu	9:12 am	3:40 am	11:54 pm	5:11 pm

Cape Coral Bridge Tides

Day	High	Low	High	Low
Fri	6:17 am	1:12 am	8:08 pm	2:18 pm
Sat	6:53 am	1:40 am	9:36 pm	3:23 pm
Sun	7:36 am	2:11 am	11:38 pm	4:37 pm
Mon	8:33 am	2:55 am	None	5:56 pm
Tue	1:18 am	4:23 am	9:54 am	7:07 pm
Wed	2:05 am	6:11 am	11:26 am	8:05 pm
Thu	2:36 am	7:28 am	12:41 pm	8:51 pm

PUZZLE ANSWERS

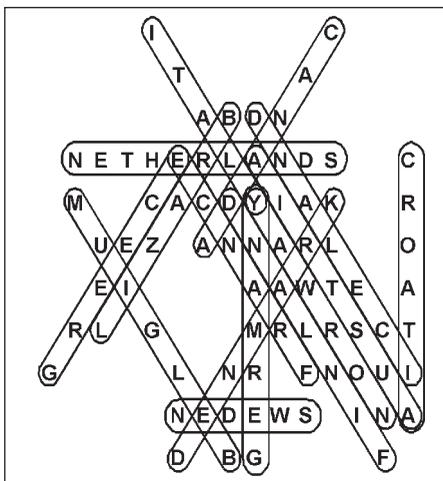
SUPER CROSSWORD

A	P	R	E	S		C	E	L	E	B		F	A	S	T		S	L	A	M		
S	L	O	M	O		A	V	I	L	A		A	R	L	O		Y	E	T	I		
T	A	S	I	A	N	D	E	V	I	L		B	E	A	T	I	N	G	O	N		
R	Y	E		R	O	E					D	O	R	T		V	O	L	C	A	N	O
A	T	A		A	S	T	A	N	A		R	I	O		E	S	T	E	R			
Y	O	U	R	W	I	S	H	I	S	M	Y	C	O	M	D		E	D	S			
M	C	C	O	Y		H	A	B	I	T	A	T	F	O	R	H	U	I	T			
R	A	H	S		F	A	D	E	R		V	I	E	W		I	N	N	I	E		
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A	D	E	L	E		I	G	O	R		L	I	S	Z	T		J	O	A	N		
P	E	R	E	N	T		R	E	S	I	D	E	N	C	E		R	E	T	R	O	
M	A	H				B	A	C	K	B	Y		P	O	P							
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I	C	E	R																			
N	E	R	O																			

KING CROSSWORD

P	A	W		F	L	E	A		S	A	S	S										
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S	O	O	N						P	A	N	T			T	O	O					

MAGIC MAZE



SUDOKU

1	9	5	6	3	4	7	2	8
6	7	3	8	5	2	9	4	1
8	2	4	9	1	7	5	6	3
2	1	9	5	7	3	6	8	4
4	6	8	1	2	9	3	5	7
3	5	7	4	8	6	1	9	2
9	3	1	2	6	8	4	7	5
7	8	6	3	4	5	2	1	9
5	4	2	7	9	1	8	3	6

My Stars ★★★★★
FOR WEEK OF SEPTEMBER 17, 2018

Aries (March 21 to April 19) Aspects favor new romances for unpaired Ewes and Rams. Already-paired Arian twosomes experience renewed harmony in their relationships. Money matters also take a bright turn.

Taurus (April 20 to May 20) Use that strong Bovine determination to help you keep the faith with your convictions while you move through a period of uncertainty. Things begin to ease by the week's end.

Gemini (May 21 to June 20) Pay attention to your intuition. It could be alerting you to be more careful about accepting a "statement of fact" simply on trust. Don't be shy about asking for more proof.

Cancer (June 21 to July 22) Concern for the well-being of someone in need is admirable. But don't forget to take care of yourself as well. Ask a family member, close friend or colleague to help you.

Leo (July 23 to August 22) It's OK to focus on the demands of your career. But try to avoid misunderstandings by also reaching out to family and friends. Your sharp intuitive sense kicks in by midweek.

Virgo (August 23 to September 22) Keep a rein on that green-eyed monster. Jealousy is counterproductive. Instead of resenting a colleague's good points, concentrate on developing your own abilities.

Libra (September 23 to October 22) Spending time on a creative project during this high-energy week can pay off both in emotional satisfaction and in impressing someone who is glad to see this side of you.

Scorpio (October 23 to November 21) Now is a good time to start planning that trip you've put off because of the demands on your time. Be sure to choose a destination that is new and exciting.

Sagittarius (November 22 to December 21) That upbeat mood in the first part of the week makes you eager to take on new ventures. A more serious note sets in later to help you assess an upcoming decision.

Capricorn (December 22 to January 19) A high energy level gives the Goat the get-up-and-go to finish outstanding tasks before deadline, leaving time for well-earned fun and games with friends and family.

Aquarius (January 20 to February 18) Dealing with disappointment is never easy. But the wise Aquarian will use it as a vital lesson and be the better for it. A close friend has something important to say.

Pisces (February 19 to March 20) Best bet is not to get involved in an argument between colleagues until you know more about who started it and why. And even then, appearances could be deceiving. Be alert.

Born This Week: You have creative gifts that inspire those who get to see this sometimes-hidden side of you.

STRANGE BUT TRUE

• It was beloved American humorist Will Rogers who made the following sage observation: "Everything is funny as long as it's happening to somebody else."

• If you have spent a great deal of time in the Scottish highlands, you might be familiar with the term "sgiomlaireachd." Evidently, the habit of dropping in at

mealtimes is common enough there to require a word to describe it.

• The world's most popular fruit is the banana. In the United States, people consume more bananas than apples and oranges put together.

• How would you like to brush your teeth with salt, chalk or ground brick? The first tooth powders used with toothbrushes were made of just such materials.

• Ever wonder why magazine publisher Hugh Hefner chose a rabbit as the symbol of his *Playboy* magazine? Evidently, when the mogul was a small boy, one of his treasured possessions was a blanket with bunnies all over it.

• Those who study such things say that Italians drink, on average, 26 gallons of wine every year.

• The English word "vegetable" comes from the Latin word "vegetare," which means "to invigorate."

THOUGHT FOR THE DAY

"I divide my officers into four groups. There are clever, diligent, stupid and lazy officers. Usually two characteristics are combined. Some are clever and diligent - their place is the General Staff. The next lot are stupid and lazy - they make up 90 percent of every army and are suited to routine duties. Anyone who is both clever and lazy is qualified for the highest leadership duties, because he possesses the intellectual clarity and the composure necessary for difficult decisions. One must beware of anyone who is stupid and diligent - he must not be entrusted with any responsibility because he will always cause only mischief." - Kurt Freiherr von Hammerstein-Equord

TRIVIA TEST

- Geography:** Which of the Great Lakes reaches the farthest north and west?
- Literature:** Which English poet wrote and illustrated *Songs of Innocence and of Experience*?
- Movies:** Who played the female lead in the 1942 film *Casablanca*?
- Olympics:** In which sport would you perform the "Fosbury Flop"?
- Business:** Where was entrepreneur/inventor Elon Musk born and raised?
- General Knowledge:** What does a phlebotomist do for a living?
- Science:** What law is represented by the equation $F=ma$?
- Television:** Who starred in the TV series *Quantum Leap*?
- History:** In which war did the Battle of Verdun take place?
- Animal Kingdom:** What is the name of an otter's home?

TRIVIA ANSWERS

- Lake Superior
- William Blake
- Ingrid Bergman
- The high jump
- South Africa
- Draws blood from the human body
- Newton's second law of motion
- Scott Bakula
- World War I
- A hole or couch

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2. Forage;
3. Burst;
4. Delude

Today's Word
YOURSELF

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 6/29 ★ 9/14

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ANNUAL RENTAL ON SANIBEL

2 bdrm / 1 bath, East End. 1/2 of Duplex, piling home. Walk to beach. Washer & Dryer in unit, Private sundeck. Includes yard service & pest control. No Smoking / no pets. \$1,750. Call Bob 410-913-2234.
 9/14 ★ TFN

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Canal front home 3 bedrooms, 2 bath pool home in Shell Harbor – close access to the beach and causeway on the East End of Sanibel. Perfect location – \$3,800 per month. Call or text Rose at 239-851-5188.
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ANNUAL RENTAL

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After 9, it's turtle time!



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 Saturday October 6, 7 a.m. to 1 p.m.
 Selling: furniture, housewares, clothes, jewelry, purses, holiday decorations (Halloween and Christmas), bake sale items and beverages.
 9/14 ★ 10/5

Cycling Safety Notes

Ride to the right

Warn to pass

Wear a helmet

Use lights at night

Always be courteous



SANIBEL BICYCLE CLUB

Results Of Gulf Region-Wide Oil And Gas Lease

In support of President Donald J. Trump's America-First Offshore Energy Strategy, Deputy Secretary of the Interior David Bernhardt recently announced that region-wide Gulf of Mexico Lease Sale 251 generated \$178,069,406 in high bids for 144 tracts covering 801,288 acres in federal waters of the Gulf of Mexico. A total of 29 companies participated in the lease sale, submitting \$202,667,923 in bids.

"Today's lease sale is yet another step our nation has taken to achieve economic security and energy dominance," said Deputy Secretary Bernhardt on August 15. "The results from the lease sale will help secure well-paying offshore jobs for rig and platform workers, support staff onshore and related industry jobs, while generating much-needed revenue to fund everything from conservation to infrastructure."

Lease Sale 251, livestreamed from New Orleans, was the third offshore sale held under the 2017-22 Outer Continental Shelf Oil and Gas Leasing Program (2017-22 OCS Program). Under this program, 10 region-wide lease sales are scheduled for the Gulf, where resource potential and industry interest are high, and oil and gas infrastructure is well established. Two Gulf lease sales will be held each year and include all available blocks in the combined Western, Central and Eastern Gulf of Mexico Planning Areas.

"The Gulf of Mexico is a long established oil and gas province and many of the blocks offered at today's sale have been offered many times before," said Principal Deputy Assistant Secretary Kate MacGregor on August 15. "Today's results demonstrate a steady interest as serious innovation and engineering continues to unlock new energy resources deep below the seabed."

In January, Secretary of the Interior Ryan Zinke announced a draft proposed program for a new National OCS Program for years 2019-24. The 60-day public comment period for the draft ended on March 9. After considering

all public comments received in response, the Bureau of Ocean Energy Management (BOEM) will develop and publish a proposed program for public comment later this year, followed by the proposed final program expected in 2019.

BOEM will continue to implement the 2017-22 OCS Program until the new National OCS Program is approved.

Lease Sale 251 included 14,622 unleased blocks, located from three to 231 miles offshore, in the Gulf's Western, Central and Eastern Planning Areas in water depths ranging from nine to more than 11,115 feet (three to 3,400 meters). Excluded from the lease sale are: (1) blocks subject to the congressional moratorium established by the Gulf of Mexico Energy Security Act of 2006; (2) blocks that are adjacent to or beyond the U.S. Exclusive Economic Zone in the area

known as the northern portion of the Eastern Gap; and (3) whole blocks and partial blocks within the boundaries of the Flower Garden Banks National Marine Sanctuary.

"BOEM continues to advance responsible offshore energy development, while protecting the environment," said Acting BOEM Director Walter Cruickshank. "This lease sale represents another step forward in the Administration's comprehensive effort to secure our nation's energy future."

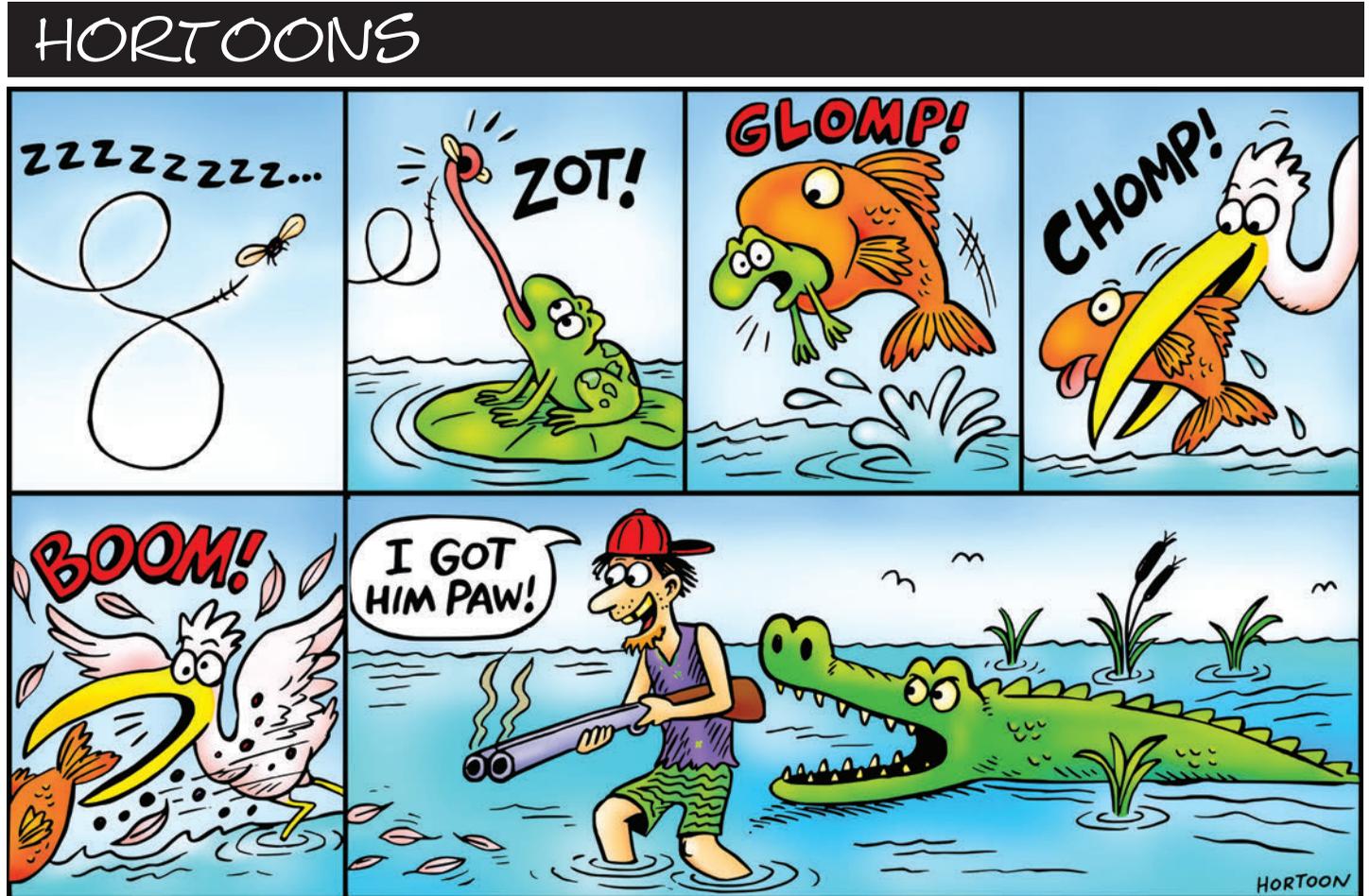
Revenues received from OCS leases (including high bids, rental payments and royalty payments) are directed to the U.S. Treasury, certain Gulf Coast states (Texas, Louisiana, Mississippi, and Alabama), the Land and Water Conservation Fund, and Historic Preservation Fund.

Leases resulting from this sale will include stipulations to protect biologically

sensitive resources, mitigate potential adverse effects on protected species, and avoid potential conflicts associated with oil and gas development in the region.

In addition, BOEM has included appropriate fiscal terms that take into account market conditions and ensure taxpayers receive a fair return for use of the OCS. In recognition of current hydrocarbon price conditions and the marginal nature of remaining Gulf of Mexico shallow water resources, these terms include a 12.5 percent royalty rate for leases in less than 200 meters of water depth, and a royalty rate of 18.75 percent for all other leases issued under the sale.

All terms and conditions for Gulf of Mexico Region-wide Sale 251 were detailed in the Final Notice of Sale information package, which is available at www.boem.gov/Sale-251.*



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Grand Ole Man	Fort Myers Beach	1987	2,536	\$1,599,000	\$1,400,000	89
Magnolia Bend	Estero	2006	3,580	\$1,425,000	\$1,387,500	4
Sanibel Estates	Sanibel	1969	1,447	\$899,000	\$850,000	238
Oak Bend	Fort Myers	2007	3,877	\$880,000	\$880,000	0
Somerset	Fort Myers	2017	3,936	\$750,000	\$727,500	5
Lexington Country Club	Fort Myers	1997	2,848	\$675,000	\$675,000	4
Siesta Isles	Fort Myers Beach	1969	1,703	\$650,000	\$615,000	202
Sunny Grove	Estero	2008	3,855	\$649,900	\$600,000	102
Cape Coral	Cape Coral	1969	2,002	\$629,000	\$600,000	142
Oaks of Estero	Estero	2018	2,698	\$628,499	\$619,500	154



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